

# Well at Work

## Staff Health and Wellbeing Strategy (2024 – 2026)



This refreshed strategy will focus on responding to sources of stress as highlighted in feedback from our research and engagement with staff.

### Our Vision

We want all who work in health and social care across South East London, to have a positive experience whilst at work, fostering a compassionate and inclusive culture.

Our ambition and desire is that all will be able to access health and wellbeing support and that we work together to tackle the systemic challenges we face that may have an impact on staff health and wellbeing.

### Why review our strategy?



The release of the [SEL ICS People Strategy](#)



Wellbeing is a key pillar of the [NHS People Plan](#) and [NHS Long Term Workforce Plan](#) and our strategy supports our response to this.



To support the delivery of [SEL ICS System Priorities](#) by creating the working conditions needed to achieve them.



Now more than ever, we need to intentionally prioritise and focus our resources to the areas that will make the biggest difference.



Download and read our [Staff Health and Wellbeing Strategy](#) in full

### Our Approach



#### How we will respond:

Providing holistic support and access to wellbeing resources for all SEL health and care staff.

#### How we will respond:

Support organisations to use a co-productive approach to listen and understand from staff the stress that happens in our systems.

#### How we will respond:

Ensure staff feel safe by addressing concerns of violence and abuse in an effective way.

### Our Goals



A supportive environment so staff can thrive



Equity of access to wellbeing support



Proactive engagement and awareness of wellbeing offers and support



Build capacity to drive health and wellbeing through learning and development



Develop a system to share best practices for continuous improvement