



Hello from Louise Rabbitte

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Hello from Louise Rabbitte



Welcome to our bumper Dec. 2022 edition of the NHSE London Region Safeguarding Newsletter which includes lots of interesting articles and information which I hope you will find useful to your practice.

As we head towards the holiday period, we in the London Region safeguarding team would like to wish you all the very best for this festive period and hope you manage to have a good and restful break, whenever that may be for you.

A sincere thank you for all you and your colleagues hard work and commitment to safeguarding over the past 12 months.

The past year has been a busy one of the NHS, managing the ongoing impact due to the COVID19 pandemic, workforce challenges and transitioning to our new organisational arrangements – whether than be the new ICB's or the new NHS England. This summer saw the formal creation of Integrated Care Boards and the new NHSE – which brings together NHSEI, HEE, NHS Digital, and NHS Transformation, merging into a single organisation over the next few months.

This summer also saw a change in post for me, including stepping into the Regional Safeguarding Lead role, taking over this responsibility from Gwen Kennedy. Gwen continues to provide Director level oversight of the London Region Safeguarding portfolio in addition to her many other responsibilities.

This past year has seen us continue to support development work on Safeguarding across the region and with our Integrated Care Systems and Boards. We have funded safeguarding related conferences and training in support of the region and have continued to provide financial contributions to the 5 London

ICB's to support safeguarding related projects and development.

Our assurance work with our ICB's on safeguarding governance arrangements has seen most of our region progress from Amber to Green in the Safeguarding Assurance 'heatmaps'. We are confident that as a region, all our ICB's will be rated Green on their safeguarding governance arrangements by Q2 2022/23.

Our ICB's are now completing the Safeguarding Commissioning Assurance Tool (S-CAT) quarterly as well as inputting valuable data in relation to CSP Reviews, SARs, and DHRs into the Safeguarding Case Review Tracker (S-CRT) – this is beginning to help give helpful information in relation to themes and trends across the region as well as nationally. Thank you for all your hard work in contributing to this on-going work.

The contribution that you all collectively make to safeguarding practice in London continues to be outstanding!

On behalf of the London Region Safeguarding Team, may I wish you all a very peaceful Christmas and happy new year to you all.

With very best wishes for 2023.

Louise

**Head of Safeguarding & Professional Nursing Development
Regional Safeguarding Lead – London
NHS England - London**



1. **The Independent Inquiry into Child Sexual Abuse published :**

The [Independent Inquiry into Child Sexual Abuse \(IICSA\)](#) for England and Wales has published its final report.

Recommendations include: introducing a statutory requirement of mandatory reporting, establishing a national scheme to provide monetary reparations to those who experienced sexual abuse in institutions, and creating Child Protection Authorities for England and for Wales to improve child protection practice, provide advice to government and monitor implementation of the Inquiry's recommendations.

You can read the full report [here](#)

2. **New studies into CSE safeguarding practice published:**

[What Works for Children's Social Care](#) has published a systematic review of UK and international qualitative studies published since 2000 that examine safeguarding practices for young people and young adults with lived experience of child sexual exploitation (CSE).

Recommendations include: increased recognition from services that CSE impacts young people beyond the age of 18; a patient approach from professionals that recognises the impact of trauma history on the relationships service users build with them; and a joint commission and delivery of children's and adults social care services to ensure the provision of continued support for those in need after age 18.

Read the report [here](#)

3. **New CSA Resources available:**

The [Centre of Expertise on Child Sexual Abuse](#) has produced some really helpful supportive documents which may be of interest to you. These include; A Signs and Indicators Template ([Signs & Indicators Template - CSA Centre](#)), A Communicating with Children Guide ([Communicating with Children Guide - CSA Centre](#)) and Supporting Parents and Carers Guide who have discovered their child may have been sexually abused ([Supporting Parents and Carers Guide - CSA Centre](#))

Videos and PDF information can be found by clicking on each link.

4. **New ChildLine Campaign launched:**

Childline has launched a new campaign offering support and guidance around child sexual exploitation (CSE) in the UK. The campaign includes video resources as well as posters for education professionals and aims to encourage children and teenagers at risk of, or suffering, CSE to use Childline for immediate, confidential help.

Read the news story [here](#) :

Visit the Childline page [here](#):

Access the posters [here](#)

5. **Thematic focus on early help for families:**

Ofsted, CQC and HMICFRS (HM Inspectorate of Constabulary and Fire & Rescue Services) have published guidance on the thematic focus on early help for families, as part of their programme of joint targeted area inspections (**JTAIs**).

Local areas' multi-agency arrangements for helping children and families early will be the focus of upcoming thematic JTAIs carried out by **Ofsted, the Care Quality Commission**

(CQC) and **(HMICFRS)**, starting in Nov. 2022.

These JTAIs will consider how different agencies across children's social care, education, health and the police work together to reduce risks to children and families and meet their needs early.

The JTAIs follow research commissioned by Ofsted in early 2022 '[Early help: concepts, policy directions and multi-agency perspectives](#)'. The independent study, produced by [Research in Practice](#), discussed current early help provision in England, government policy, and how agencies work together to prevent longer-term intervention.

Yvette Stanley, Ofsted's **National Director for Regulation and Social Care** said "*Getting the right response at the right time is critical for children and families. All agencies have their part to play in helping children and families early.*

"Working with CQC and HMICFRS, our JTAIs will help establish a shared understanding of how multi-agency partners work effectively together to help families before significant

harm happens, and take timely action to protect children”

Please read guidance [here](#)

6. Royal Colleges resources for paediatricians the on-health inequalities in childhood:

The Royal Colleges have created a bundle of resources for paediatricians that they have published on health inequalities in childhood: Here you will find:

- **Policy position statement** that outlines the evidence on how poverty drives health inequalities and affects child health outcomes, and makes policy recommendations aimed at UK Governments to reduce health inequalities in childhood
- **Toolkit for paediatricians**, which aims to upskill paediatricians to support families experiencing poverty and equip them to advocate for better child health equality locally.
- **Campaign action** which invites paediatricians to sign an open letter in each of the four nations to call on political leaders to take action on poverty and health inequalities

- **A letter from children and young people** called ‘everyone deserves the world’ that shares their views on health inequalities to support advocacy for change
- **Case studies** of best practice examples of NHS projects tackling child health inequalities.

You can find them all [here](#)

7. Online harms: The Molly Russell Inquest:

14-year-old [Molly Russell](#) took her own life after viewing numerous Instagram content, images and clips that contained slogans relating to suicide and depression, or graphic images of self-harm and suicide

An inquest has found that Molly “*died from an act of self-harm while suffering from depression and the negative effects of online content*”. The **NSPCC** is calling on the government to strengthen the [Online Safety Bill](#) and hold tech companies to account to ensure that children are protected online.

NSPCC Chief Executive Sir Peter Wanless discusses children's safety online in the Guardian newspaper.

Read the news story here : [Molly Russell inquest findings](#)

8. UEA Research on online harms:

The University of East Anglia (UEA) has conducted research in England on how to help children ages 8-12 recognise, manage and recover from online harm. Findings include awareness on how children develop digital resilience needs to happen at each social level, individual, home, community and societal; supportive home relationships helped children recover from an online harm experience; knowledge around online harm needs to be cohesive between levels if children are to build longer-term resilience; and there was a belief that intervention on a systematic level would impact digital resilience

Read the report [here](#)

Read the news story [here](#)

9. National Child Mortality Database (NCMD) report

This report from the [National Child Mortality Database \(NCMD\)](#) covers the two-year

period from 2019 to 2021 and is unique in two ways. It is the first national report to have investigated all unexpected deaths of infants and children – not just those that remained unexplained. It is also the first national review of the “multi-agency investigation process” into unexpected deaths.

Please read report [here](#)

10. Why child protection policies on bruising to babies need to change':

Professor Andy Bilson is emeritus professor of social work at the **University of Central Lancashire** explains how his research demonstrates how existing protocols on pre-mobile bruising in babies mislead staff and risk exposing parents to damaging and unnecessary child protection action.

Please read more [here](#)

11. Babies and safer sleeping in Winter:

With ongoing energy crisis and recent cold snaps many families may be facing this winter- [The Lullaby Trust](#) has created a useful and informative resource regarding babies and safer sleeping in Winter.

You can find the resource [here](#) and also on their website under 'publications'.



Please see also attached a QR code that you may wish to share with your families so they can easily access the resource.



Adult Safeguarding

12. NHSE Learning together week: Adult Safeguarding:

All presentations delivered during the **NHSE learning together week 21-25 November 2022**, have now been uploaded On to the **NHS Futures platform**.

Subject matter expert input was provided on the following subjects:

- Scams targeting the vulnerable
- Self-Neglect and Hoarding
- FGM /Forced marriage/ Virginitly Testing and Hymenoplasty
- Priorities of the work of a social worker/New way of working between social care and ICB/ICP/Improving safeguarding for adults together
- Mental Capacity Act (MCA)/ Liberty Protection Safeguards (LPS)

They be accessed via this link on NHS Futures please click [here](#) (Please note :you will need to register for an account if you don't already have one).

13. Employer's Initiative on Domestic Abuse (EIDA):

As part of the commitment to supporting and empowering our colleagues who are victims and survivors of domestic abuse, **NHS England** is joining the [Employer's Initiative on Domestic Abuse \(EIDA\)](#) as a **'Beacon' member**. The aim of having Beacon membership is to harness the achievements of member organisations around tackling

domestic abuse and sharing learning and advice to other organisations.

Members of EIDA make a commitment, as employers, to take positive action for and best support their employees affected by domestic abuse, work to change workplace cultures around domestic abuse, and encourage more employers to act around domestic abuse.

Helen Bullers, NHSE Director of Human Resources and Organisational Development said:

"NHS England is fully supportive of this initiative and as an organisation we are committed to a set of values and behaviours that ensures safety and equality. I am delighted to endorse this initiative and support its aims and objectives wholeheartedly."

Last week **Her Majesty Camila The Queen Consort** hosted a reception at Buckingham Palace highlighting the threat of domestic abuse and violence against women. The reception was also attended by Catherine Hinwood, NHS England Lead for Domestic Abuse and Sexual Violence, who manages a programme of work to transform the NHS response to these crimes.

The reception was in recognition of the 16 days of activism against gender-based violence campaign led by UN women.

Catherine said, *"Events like this shine a much-needed light on the shocking number of women and girls who experience gender-based violence. The NHS sees a million patients a day and has a unique opportunity to ensure that victims of violence and abuse are protected and supported. It was a privilege to speak with Her Majesty- The Queen Consort and other guests about the ground-breaking work the NHS is doing in this area."*

14. **16 Days of Action to End Domestic Abuse:**

Following this year's 16 Days of Action to End Domestic Abuse, NHS England safeguarding have worked with [New Possibilities](#) to create the following awareness raising information. Please feel free to share and socialise.

See link [here](#)



15. Is it worth investing in the IRIS Programme? :

In answer to this question, a research piece produced in Jan 2022 "[The social value of improving the primary care response to domestic violence and abuse](#)" this is one of those many studies which demonstrate that the value of IRIS extends far beyond increasing referrals to Domestic Abuse services or improving service users' lives" and is a nationally recognised evidence-based, cost-effective intervention to improve the primary care response to DVA. It concludes that :

- For each pound invested in the IRIS Programme, a monetary return of £16.79 is expected
- For each pound invested in the IRIS Programme, a social return of £10.71 was obtained

Developed and delivered by IRIS, the IRIS Programme is a specialist domestic violence and abuse (DVA) training, support and referral programme for General Practices that has been positively evaluated in a randomised controlled trial. IRIS is a collaboration between primary care and third sector organisations specialising in DVA.

Core areas of the programme include ongoing training, education and consultancy for the clinical team and administrative staff, care pathways for primary health care practitioners and an enhanced referral pathway to specialist domestic violence services for patients with experience of DVA.

The first areas implemented IRIS in 2010. From that point onwards, many other studies have been conducted to show the amplitude of this intervention, which is now running across the UK in more than 40 localities.

This study demonstrated that the value of IRIS extends far beyond increasing referrals to DVA services or improving service users' lives. At the macro level, it can make DVA more visible in the primary care system, raising it as a priority for healthcare and shining a light on people affected by abuse who may otherwise be overlooked.

At the local level, it can connect primary care professionals, service providers and service users, creating a new route for addressing patient needs and information sharing. It can improve the knowledge and confidence of primary care staff around dealing with DVA, increasing ongoing engagement and the

perceived quality of consultations around this issue.

In terms of outcomes for patients, increased referrals combine with locally negotiated impacts such as improved feelings of safety, reduced escalation of violence, reduced medicalisation of social issues and providing support at all stages of the relationship.

[Click here](#) to see the booklet with the main findings of this evaluation.

16. **Executive Summary of Whorlton Hall SAR published:**

The Executive Summary from the **Whorlton Hall Safeguarding Adults Review** was published on 6th Dec. 2022. This review was triggered following concerns raised following the [BBC Panorama Programme](#) in 2019, which showed the alleged psychological and physical abuse of people with learning disabilities by the people who should have been caring for them. A criminal investigation is currently underway.

Please read summary [here](#)

17. **Transitional safeguarding briefing:**

In 2021 the **Chief Social Worker for Adults** sponsored a briefing focused on the role of adult social work to the **Transitional Safeguarding, HM Inspectorate of Probation** commissioned a briefing looking at Transitional Safeguarding and Justice, and Transitional Safeguarding was the focus of a special edition of the academic journal Practice.

Local agencies are leading this transformation, as they see first-hand the human and economic costs of the current binary system which leaves too many young people / young adults without support when they need it most.

A complementary seminar will examine

- how local areas across England are progressing Transitional Safeguarding
- explore how Transitional Safeguarding relates to emerging policy developments, such as the Children's Social Care Review
- consider implications for young people and young adults involved in the justice system
- reflect on what seems to work in relation to this kind of whole system change and innovation.

This event will be held online via Microsoft Teams from **16.00 to 17.15** on **19th Jan 2023**

For further details or to request your **free seminar place** please [click here](#)

18. **Research into care professionals experience of domestic abuse/coercive control:**

Dr Sandi Dheensa and **Dr Alison Gregory** researchers at the **University of Bristol's Centre for Academic Primary Care**, collaborating with **Prof June Keeling** at **Keele University** and partners across a range of other universities have launched [PRESSURE](#), (PRimary and community carE Staff as SURvivors of domestic violence and abuse) a research piece which explores primary and community care professionals' own experiences of domestic abuse/coercive control. This included an online survey which closed on 9th Dec 2022.

The study is completely independent of the NHS, and other bodies such as healthcare regulators, unions, and Royal Colleges. We hope that our findings will improve policy and practice regarding support.

For any queries, please contact alison.gregory@bristol.ac.uk/
sandi.dheensa@bristol.ac.uk

PLEASE NOTE:

If you are experiencing or have experienced domestic abuse, **you are not alone**, and there are people ready to listen and help. We provide support options in the information pages of the survey (p1-3) including the [National DA Helpline](#), which you can contact on **08002000247** anytime. You can also webchat with an advisor Mon-Fri, 3-10pm. Please click [here](#)

As part of our commitment to supporting and empowering our colleagues who are victims and survivors of domestic abuse, NHS England is joining the [Employer's Initiative on Domestic Abuse](#) (EIDA) as a 'Beacon' member. Find out what this means for our organisation and the support available for colleagues affected by domestic abuse.

19. **Coercion and control in financial abuse:**

The [National Trading Standards Scams Team](#) have produced a presentation on the

launch of a new report on the use of coercion and control by perpetrators of fraud and financial abuse. The report sheds light on the similarities between perpetrators of financial abuse and perpetrators of domestic violence in the techniques they use to manipulate their victims.

See link [here](#)

20. Adult Social Care concerns ahead of a 'challenging winter' :

Boroughs in London have warned of worsening pressures on adult social care resources, with concerns about the potential impact on London's health and care system this winter and beyond. London said: *"This is set to be a very challenging winter for health and care services across the capital.*

"We're deeply concerned about the impact of worsening financial pressures on London's adult social care sector. Adult social care plays a vital role in supporting older and disabled Londoners, but also in ensuring the smooth-running of London's NHS. This was particularly pronounced at

the height of the Covid-19 pandemic, and boroughs remain committed to working in partnership with the NHS to serve London's communities as best we can.

We were pleased to see the government announce the £500m adult social care discharge fund, but we need urgent clarity on what extra resources are coming to councils to bolster services this winter.

"Looking to next year and beyond, the current timetable for reforming adult social care funding looks increasingly unrealistic and risks destabilising services already under immense pressure. We hope ministers will listen to councils' concerns and work with us to find a better way forward, including the long-term funding solution the sector still desperately needs."

Please read story [here](#)

21. Loan Sharking at Xmas:

[The England Illegal Money Lending Team \(IMLT\)](#) is concerned that ruthless loan sharks will try to cash in on the festive period as many families struggle to cope with rising food, fuel and energy bills this winter.

Christmas is a time for joy and happiness, but for the millions of families struggling with spiralling debt to loan sharks, it can be the most terrifying time of the year. IMLT figures show that nearly 1 in 10 people who borrowed from loan sharks last year did so to cover the costs of Christmas.

Loan sharks create an environment of fear, intimidation and control for their victims and they will use almost any means to tempt people into taking out a loan with them. They know how to spot people who are vulnerable and who need money. This creates a vicious cycle of debt for those unable to pay back their loans and often leads to serious financial issues, such as families losing their homes or being pushed into extreme poverty because they do not have enough money to survive.

The only way we can put an end to illegal money lending is with your help. Your support means we can reach more people who are at risk, put loan sharks out of business and help victims rebuild their lives. It's especially important we spread awareness of loan sharks' tactics during the festive season when their activity increases dramatically.

Please support IMLT's latest campaign [#SleighNoToLoanSharks](#) and help spread the message about the risks of illegal lending and how people can access our support. A referral form to report loan sharks and social media resources can be downloaded from the IMLT website [here](#)

22. [Barnardos Asylum Seeker Mental Health & Wellbeing Project:](#)

The ['Boloh Helpline'](#) (set up to support BAME families during the pandemic) has extended its offer to support the mental health and wellbeing of adult asylum seekers across the

UK. The Helpline will offer advice, signposting, emotional support and 8 free sessions of therapy by qualified Barnardo's therapists. The Helpline will offer phone, webchat and email. This project is funded by the Home Office until 31st January 2025.

Please read more [here](#)

All Safeguarding

#hello my name is...

23. Introducing Liz Henderson Clinical Lead for Violence Against Women and Girls (VAWG):



Liz Henderson. I am a **GP in South East London and a Deputy Medical Director** in the Professional Standards team at NHSE (London). I am delighted to have recently been chosen to be **Clinical Lead for Violence Against Women and Girls (VAWG)** in the London Regional team. My interest in the health impacts of VAWG has developed over the past few years.

I was a Clinical Lead for **IRIS** (Domestic Violence and Abuse - DVA) in Southwark from 2015 – 2021. During this time, I worked with Advocate Educators to deliver training in recognising and responding to DVA to primary care teams across Southwark.

I have worked at NHSE since 2014, and as my interest and expertise in domestic violence and abuse developed, I worked with colleagues in the safeguarding team on various DVA projects.

VAWG includes domestic violence and abuse but also other forms of gender-based violence and harmful practices such as FGM, virginity testing and forced marriage. VAWG is a major public health problem rooted in gender inequality. The violence, or the threat of violence, has widespread consequences for health of the victim-survivor but also for the health of their children.

It is increasingly recognised that a public health approach is required to address the factors that underpin VAWG. A public health approach requires multi-agency collaboration, and we will work with colleagues across the health systems and partners from other agencies to co-ordinate our work.

Recent legislative changes, the London Mayor's VAWG strategy and the development of ICSs present opportunities for us to work collaboratively to address VAWG in our city. The NHSE team will support ICS colleagues in understanding statutory duties and implementing their VAWG response for patients and employees.

We have a programme of work which includes education and guidance and facilitating peer support across the systems. I co-chair a London clinical reference group for DVA which is a great forum for sharing learning and best practice and identifying areas for system improvement. On 25th November, NHSE co-hosted a VAWG conference with colleagues from the Mayor's Office. A 'once in a generation opportunity' to address VAWG in our city was described, and this was met with huge commitment and enthusiasm.

I look forward to working with colleagues from health services and beyond to rise to this challenge.

All the best



Liz



24. NHSE VAWG Conference 2022

On the 25th Nov. the International Day for the Elimination of Violence against Women, **NHSE London Safeguarding team**, (in partnership with the **Mayor of London**), hosted a conference to kickstart 16 days of activism against gender-based violence. The day was chaired by **Susan Bookbinder**, a national broadcaster and lifelong advocate against violence against women and girls.

The aim of the day was for delegates to be equipped with tools to support those they see who have suffered abuse and was divided into 3 sections:

Part 1 provided the national and London context, with speakers from the Home Office, The Mayor's Office and NHSE London. An overview was provided regarding various legislations changes, including:

- [Domestic Abuse Act 2021](#)
- [Domestic Abuse Act statutory guidance 2022](#)
- ['Enough' communications campaign](#)
- ['Have a word' campaign](#)
- [Mayor of London VAWG Strategy 2022 2022](#)
- [NHSE supporting our staff to help money go further](#)

In **Part 2**, Laura Curer (Chair of the **National NHS England Sexual Abuse and Assault Services Lived Experience Group**) and **Paige Barrs (Early Intervention Domestic Abuse Advisor- Cambridgeshire Police)** shared their experience of sexual and domestic abuse respectfully, and provide tips regarding language to use with survivors and signposted delegates to numerous resources, which include:

- www.nhs.uk/SARCS
- [Sexual assault referral centres animation – YouTube](#)
- [National Domestic Abuse Helpline – 0808 2000 247 \(run by Refuge\)](#)
- [The Men’s Advice Line, for male domestic abuse survivors – 0808 801 0327 \(run by Respect\)](#)

In **Part 3**, **Fay Maxted** from the [Survivor’s Trust](#) continued providing tips around language and signposted to some training and resources for health staff. This was followed by the London Clinical Lead for VAWG, Dr. Liz Henderson. Liz gave us an insight into the challenges that GPs face and suggestions on how to improve practice. Catherine Hinwood, the NHSE Domestic Abuse and Sexual Violence Lead, ended the day by sharing information about the programme that she is leading on nationally.

Of those of completed the evaluation:

- 57% of respondents reported that they would review policies and procedures
- 68% would explore training options
- 80% would signpost colleagues to information/ raise their awareness
- 98% reported that they were more aware of initiatives taking place to tackle VAWG
- 100% of those of completed the evaluation reported that they enjoyed the event.

PLEASE NOTE: The list of resources from the day can be found as an appendix to this newsletter

The recording from the conference can be found on the Health Education England [Learning Hub](#) (please search: ‘**NHSE London Safeguarding team VAWG conference 25.11.22**’). You will need to register for an account if you don’t already have one to access these materials.



25. 'Enough' to Violence against Women and Girls Campaign:

The Home Office has recently launched the ['Enough' campaign](#), which says enough to violence against women and girls.

The multi-year communications campaign highlights different forms of violence against women and girls and action that anyone can take to challenge perpetrators of abuse. It also includes communications to educate young people about healthy relationships and consent and ensure victims can recognise abuse and seek support.

The campaign was informed by the unprecedented 180,000 responses to the [Call for Evidence](#) last year and has been developed with an advisory group comprising of third sector organisations, survivors and academics who have given their expert insight.

With the number of people experiencing domestic abuse and sexual violence increasing during the pandemic, the NHS has an important role to play in supporting victims and survivors. This is recognised by the programme of work being led by **Catherine**

Hinwood, Domestic Abuse and Sexual Violence lead for **NHS England**, to ensure the NHS is delivering on its statutory requirements for these areas.

To find out more about the work of the team, please feel free to email at Catherine at catherine.hinwood@nhs.net and also find out how you can be part of the change by clicking [here](#)

26. New Karma Nirvana animation on Virginty Testing:

[Karma Nirvana](#) have created a powerful animation on Virginty Testing. Please share through your networks to raise awareness of virginty testing and hymenoplasty and that it is illegal under the Health and Care Act 2022.

The animation centres on the story of Mo and Mya, twin siblings whose lives take very different paths. While Mo can play with friends, explore his identity, and go to university, Mya must conform to family expectations. The animation highlights how the notion of virginty is significant within Mya's family which can lead to girls and young women like Mya having a virginty test.

Please see YouTube video link [here](#)

27. **New guidance on trauma-informed approaches:**

The [Office for Health Improvement and Disparities](#) has created new guidance on trauma-informed approaches for practitioners working in the health and care sector in England. The guidance sets out a working definition for trauma-informed practice and includes key practice principles.

Read the guidance: [here](#)

28. **CQC report on experiences of ASC and LD people in hospital published:**

The **Care Quality Commission (CQC)** have published a report on the experiences of being in hospital for people with a learning disability and autistic people.

The report '**Who I am Matters**' is a stark reminder that people with a learning disability and autistic people are still not getting the care they need, when they need and shines a light on the impact these failings have on people and their families.

During February and March 2022, CQC visited eight hospitals in England which found

that although there were pockets of good practice, people with a learning disability and autistic people are still not being given the quality of care and treatment they have a right to expect when they go to hospital.

This report looked at: Access to care, Communication, Care and treatment in hospital, Protected characteristics and equality of care and Workforce skills and development.

It is clear from their findings and other multiple studies published previously that, nearly 6 years after [Oliver McGowan's](#) death, change and improvement is still too slow. As well as being a key equality issue, this is a critical patient safety issue.

Read the full report [here](#).

29. **People with Learning Disability and Autistic People-action plan:**

Please find link below to the HM Gov **Building the right support for People with Learning Disability and Autistic People-action plan** that was published in July 2022.

Adults, children, and young people with a learning disability and autistic adults, children, and young people should be equal citizens in their communities.

People with a learning disability and autistic people should also live in their own home and have the right support in place to live an ordinary life. This includes access to education, employment, and other opportunities which help people to fulfil their aspirations.

This plan seeks to make this a reality through strengthening community support and thereby reducing the overall reliance on specialist inpatient care in mental health hospitals. This action plan brings together, in one place, the commitments that have been made by different organisations to realise this aim.

Please read [here](#)

30. **Definition of Trauma Informed Practice:**

NHS Safeguarding is pleased to share the Dept of Health & Social Care's definition of [trauma-informed practice](#) for the health and care sector which was published 2nd Nov. 2022 .

This is an important moment for being trauma informed as we can bear witness to the voice and lived experience of victims & survivors of neglect, harm, exploitation, abuse and violence in all their forms.

Please see definition [here](#)

31. **Missing Persons Uncovered Podcasts:**

Every year 155,000 people go missing in the UK. Why do some people choose to?

disappear? How can we protect our vulnerable love one better?

Caroline Humer at the **International Centre for Missing & Exploited Children** , and **Karen Shalev Green** professor in **Missing**

Persons Studies set out to hear first-hand experiences of those who have experienced missing person cases- seeking the people behind the statistics. Listen in on conversations between professionals and practitioners who are working to challenge myths and raise awareness around this misunderstood social and personal issue.

Please listen to the podcasts [here](#)



32. Fabricated and Induced Illness Practice Guide:

Written by Cathleen Long, Dr Judy Eaton, Sally Russell OBE, Dr Fiona Gullon-Scott, and Professor Andy Bilson the Fabricated or induced illness-a practice guide for social work practitioners is published by the British Association of Social Workers (BASW)

in May 2022, the PDF of the document is available via the link [here](#)



Liberty Protection Safeguards:

33. NHSE LPS Update:

Supporting Liberty Protection Safeguards (LPS) Readiness in London

- There remains no current implementation date for LPS.
- We are awaiting feedback from the DHSC regarding the results of the consultation of the Draft Mental Capacity Act, including Liberty Protection Safeguards Legislation

Code of Practice. This is expected by the end of Winter.

Work underway to support the NHS in preparing for Liberty Protection Safeguards (LPS) in London

The London Region Mental Capacity and Liberty Protection Safeguards Clinical Reference/Implementation Group was established in March 22 to support the NHS in London in preparing for Liberty Protection Safeguards (LPS).

The group meets monthly and has a wide range of stakeholders as members including ADASS, Integrated Care Boards, NHS Providers, Local Authority, Health Education England. We have recently established to additional regional groups to support preparation which are:

- London Region LPS Working Group.
- London Region Continuing Healthcare/Continuing Care Liberty Protections Safeguards Task to Finish Group.

LPS Regional Support Events: The first of a series of events was on held on Tuesday 29th November to support LPS Readiness. The session ***Mental Capacity Act and DoLS: Preparing for Liberty Protection***

Safeguards was attended by 129 participant and a recording of the session and slides can be found on our [London Region Future NHS Safeguarding Workspace](#) (you will need to be a member of the workspace to view, this platform can be accessed by health and social care staff) on the discussion page. Further sessions are being planned for 2023.

NHS ICB LPS Maturity Matrix

LPS Readiness audits have now been replaced by the LPS Maturity Matrix which was completed by ICBs in October 22 with a focus on the following areas:

- ✓ Leadership and governance
- ✓ Planning and identification of risk
- ✓ [Data Collaboration](#)
- ✓ [Quality Monitoring and Oversight](#)
- ✓ [Business as Usual](#)
- ✓ Stakeholder Support
- ✓ [Under 18s](#)

All ICBs in London completed the matrix and areas identified as requiring further development are highlighted above in blue.

Each ICB has an action plan to support progress with support at a Regional and National level.

A provider LPS Maturity Matrix has been developed and can be accessed by

contacting Elaine Ruddy, LPS Clinical Lead at elaine.ruddy@nhs.net .

Keeping yourself up to date on LPS:

- [Government LPS Factsheets](#)
- [SCIE LPS Resources](#)
- [Edge training LPS Factsheets](#)
- [Mental Capacity and Law LPS Resources](#)
- [Safeguarding NHS Futures Platform](#)
- [An introduction to LPS: A Visual Summary](#)
- [HEE LPS Animation](#)

34. NHS Continuing Healthcare (CHC) Liberty Protection Safeguards LPS:

Please see YouTube presentation from Shropshire Partners in Care on LPS in Continuing Health care

Link is [here](#)

35. CPR and DNACPR short videos:

The [Essex Autonomy Project](#) has produced a series of four very short 'sketch-up' videos on decisions around CPR (cardiopulmonary resuscitation) and DNACPR (do not attempt cardiopulmonary resuscitation). The four videos provide a concise and highly

accessible explanation of what CPR is; what a DNACPR recommendation is; Consultation requirements; and Recourse if one thinks something has gone wrong.

The videos are suitable for use in training for care-professionals, or as an educational resource to help patients, family members or loved ones understand the sometimes-complex issues in this area of law and care-practice.

The videos can be viewed on [here:](#)



Independent Investigations

36. Independent investigation report into treatment of M:

NHS England London Region have published an independent investigation report into the care and treatment of M, published on 22nd Nov. 2022. M was a young person with Autism and a Learning Disability detained for two years under the MHA.

Five years ago, M was a happy teenager, living with his parents and younger sibling and attending a specialist residential school in term-time.

He had been diagnosed with autism and has a learning disability. Over the course of 2015 and 2016 he was detained under the Mental Health Act in two psychiatric hospitals, forcibly medicated and physically restrained, left dirty and unkempt, allowed to avoid education and bullied by his peers. The lack of understanding of M's needs and behaviour resulted in food being withheld.

This led to malnourishment and significant weight loss. His parents were not listened to when they raised concerns about his welfare.

Not being able to protect and rescue your children when they are in distress is amongst the worst fears of any parent; this is what happened to M's Mum and Dad:

The abridged report and action plan can be accessed via the following [link](#):

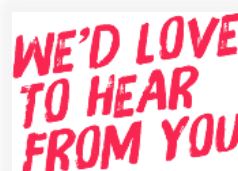
37. Mental Health Homicide: Ms G and Mr Q:

NHS England London and Royal Borough Greenwich Safeguarding Board have published a Joint Safeguarding Adult Review and Independent Mental Health Homicide Investigation report and action plan (Ms G and Mr Q) on both websites.

These can be accessed via the following [link](#)



Please get in contact...

A graphic with the text 'WE'D LOVE TO HEAR FROM YOU' in a bold, red, hand-drawn font. The text is arranged in three lines: 'WE'D LOVE', 'TO HEAR', and 'FROM YOU'. The background is white with a subtle shadow effect.

Thank you for reading our NHSE Safeguarding newsletter, and we hope that you found it interesting and useful.

If you have any suggestions or request for news items or articles which you would like to see in future editions or would like to contribute something yourself , please let us know.

Thank you!!



From the London Region Safeguarding Programme team, we also wanted to say a big **THANK YOU** for all of the amazing work that you do, and we wish you all a restful festive period and a very happy and prosperous new year!



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