

## South East London Cardiovascular disease (CVD) Inequalities Scheme

Hypertension is the leading cause of heart disease, stroke, kidney disease, dementia and early death across southeast London.

In 2022-2023 CVD inequalities funding and accompanying support was made available to PCNs in southeast London (SEL) for quality improvement (QI), to support the detection, management and reduction in inequalities in hypertension in care, and support COVID recovery. This funding then extended to a 2<sup>nd</sup> year in 2023-24, with a focus of support for hypertension and other CVD risk factors e.g. chronic kidney disease (CKD).

We have seen significant improvements in hypertension (and other areas of CVD) QoF achievement across SEL over the last 2 years. SELICB moved from 5<sup>th</sup> lowest performer for hypertension to the middle of the groupings of England ICBs (see [CVD prevent data](#)).

To ensure teams are supported to maintain and improve the diagnosis and management of Hypertension and CVD, funding has been made available for a third year (2024-25). Year 3 of the scheme build on years 1 and 2 and widens the scope further to focus on patients with more than one CVD risk factor e.g. hypertension, cholesterol, CKD.

### It's an offer, not an ask

#### What is the offer?

Funding is available to PCNs to undertake quality improvement projects to support delivery of local targets around detection and management of hypertension and other CVD risk factors.

Support to practices will include:

- Funding for PCNs to support CVD improvement work, building on the learning from the action plans from Year 2
- Data-driven support to identify, design and implement an improvement project, with a focus on a multi-morbidity approach and 'CVD prevention', e.g., reviewing and stratifying care planning and 'recalls', kidney health checks, working with community partners to enhance detection and education\*,
- An additional tailored support visit for one or more practices per PCN, learning from which can be shared across the PCN.

To maximise the capacity and capability of practice teams, we strongly encourage PCNs to involve the full team, both clinical and non-clinical.

It is also important that findings from the improvement projects are shared across SEL and therefore PCNs will be asked to contribute to a short evaluation exercise.

*\*NB - There is an opportunity to undertake QI work with community groups to improve hypertension, using a co-produced resource developed in years 1 and 2 of this project by community interest company Mabadiliko.*

#### Payment

**£200,000 is available across SEL.** As per years 1 and 2, funding will be distributed to participating PCNs shaped on a formula that reflects:

- participation
- list size
- deprivation

Each participating PCN will receive a payment upon completing the aspects of the programme and sharing feedback.

To understand how many PCNs wish to participate in the scheme PCN leads are invited to confirm their interest in their PCN taking up the support offer, by Thursday 21<sup>st</sup> November 2024, by completing a [short expression of interest \(EOI\) form](#).

**If you would like to find out more about the scheme, please contact the [CESEL Team](#) or [elisabeth.morgans1@nhs.net](mailto:elisabeth.morgans1@nhs.net) (at the Health Innovation Network).**