

Measles cases are rising in south London

Protect your child against measles
now and for the future



SCAN ME

Find out more at

www.nhs.uk/measles

Measles spreads easily. The MMR (measles, mumps and rubella) vaccine gives the best possible protection.

Symptoms of measles

Measles usually starts with cold-like symptoms followed by a rash. Some people may also get small spots in their mouth. It can sometimes lead to serious complications such as blindness, pneumonia, meningitis, and sepsis - causing a real risk to life.



What a measles rash can look like

Find out more about symptoms and what to do if you think you or your child has measles here: www.nhs.uk/measles

When should I get my child vaccinated?

The MMR vaccine is part of the NHS routine childhood immunisation programme - with the first dose offered at one year and the second dose at 18 months.

Two doses of the MMR vaccine are needed for full protection. It's never too late to catch up with missed doses.

Is the MMR vaccine safe?

The MMR vaccine is safe and has been used since the early 1980s.

There is no link between the MMR vaccine and autism. Many studies have shown this.

Does the MMR vaccine have any side effects?

Like all other medicines, the MMR vaccine can cause some side effects. Most side effects are mild, such as the injected arm feeling sore or your child feeling a bit unwell with a high temperature for a few days.

The evidence shows that vaccinating is much safer than not vaccinating.

Does the MMR vaccine contain gelatine (from pigs)?

In the UK, we have two MMR vaccines which work very well. One of them contains gelatine from pigs and the other one doesn't. If you would like the vaccine without gelatine, please tell your GP when you book an appointment.

Where can I get a vaccine for me or my child?

Contact your GP practice to book an appointment. We are also holding clinics at:

