

## Standard Operating Procedure for South East London GPs/Pharmacists Receiving Hypoallergenic Formula Prescription Requests from Private Healthcare Professionals

All NHS hypoallergenic formula (HF) prescriptions in South East London (SEL) must be in line with [The SEL Guideline for the Prescribing of Hypoallergenic Formula](#).

Please follow the steps below when an NHS prescription request for HF is made by a private healthcare professional (HCP):

- In accordance with the [South East London NHS and Private Interface Prescribing Guide](#), parents should be advised that where a product requested is not in accordance with this guideline, the GP is under no obligation to prescribe this. The patient will either be switched to a product in line with SEL Guidelines, or parents will be required to obtain a private prescription directly from the private HCP should they wish to continue with that recommendation.
- Please refer to [Algorithm 1](#) and [Algorithm 2](#) and/or [Guide 1](#) to determine whether the product recommended is appropriate i.e.:

Patient presentation	Appropriate product
Mild-moderate cow's milk allergy (CMA) <sup>1</sup> Patient is under 1 year of age and requires breastmilk substitute	<b>Extensively hydrolysed formula e.g.</b> <b>Aptamil Pepti 1 or 2 or Syneo</b> <b>SMA Althera</b> <b>Nutramigen with LGG</b>  If the above have been trialled for at least 4 weeks and symptoms have persisted, <b>amino acid formula (AAF)</b> may be considered.
Severe CMA e.g. growth faltering, anaphylaxis and food protein-induced enterocolitis syndrome (FPIES) i.e. potentially life threatening	<b>AAF e.g.</b> <b>Neocate LCP</b> <b>Nutramigen Puramino</b>
CMA symptoms but older than 1 year and eating and growing well	<b>Do not prescribe formula</b> Recommend a calcium-fortified plant-based milk alternative as their main drink e.g. soya/oat/coconut/pea milk
Older than 1 year with persistent CMA/multiple food allergies <u>and</u> significant nutritional concerns (i.e. growth faltering and/or severely restricted diet). AND under a dietitian who has recommended <b>Neocate Junior</b>	<b>Neocate Junior</b>

Approval date: August 2024

Review date: August 2027 (or sooner if evidence or practice changes)

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<sup>1</sup> Mild-moderate CMA refers to all presentations except those that are life threatening (e.g. anaphylaxis and FPIES, both of which require immediate hospital admission) and failure to thrive

3. If non-IgE CMA is suspected, the diagnosis **must be confirmed** using the iMAP Home Reintroduction (or similar reintroduction of dairy) before the prescription for HF is continued beyond a 4-week trial period. If there is no evidence of this as part of the work up from their private HCP, please refer patients registered in Bexley, Bromley, Lambeth, Lewisham and Southwark to the Telephone Non IgE-mediated Cow's Milk Allergy Rapid Access Clinic via e-RS using the [referral form](#). For patients registered in Greenwich, please refer to Oxleas dietitians for similar service (please see [here](#) for referral information).
4. All patients with CMA should be seen by a dietitian. If they present with symptoms of non-IgE CMA and they are under 14 months of age without unresolved growth faltering, please refer to the Telephone Non IgE-mediated Cow's Milk Allergy Rapid Access Clinic via e-RS using the [referral form](#). Please see [here](#) for other appropriate dietetic services if referral criteria are not met.
5. If the parent or private HCP has any questions/concerns regarding this recommendation, please contact the Prescribing Support Dietitians by emailing [gst-tr.prescribingsupportdietitians@nhs.net](mailto:gst-tr.prescribingsupportdietitians@nhs.net).
6. The issue may then be escalated to the relevant Medicines Optimisation Team if necessary, although the decision to prescribe remains at the discretion of the GP practice.

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