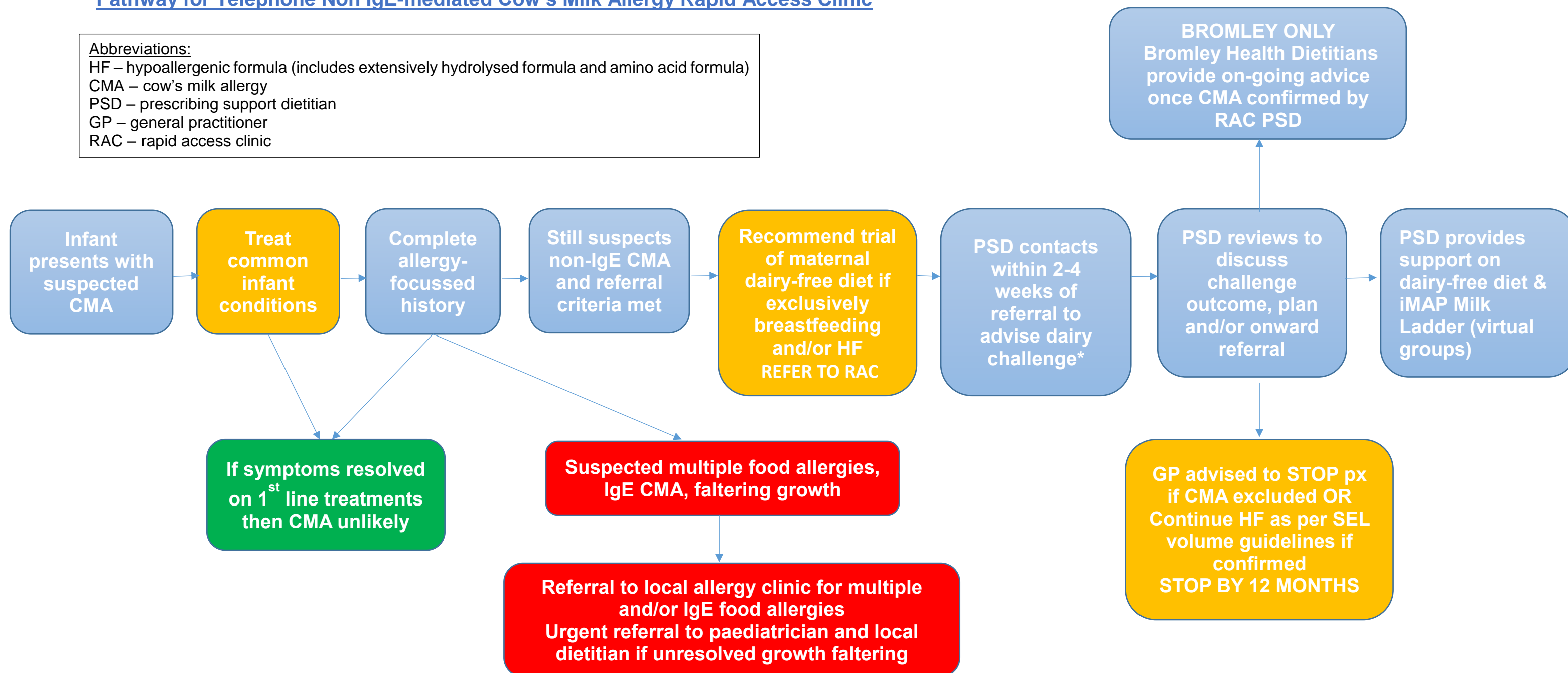


## Pathway for Telephone Non IgE-mediated Cow's Milk Allergy Rapid Access Clinic

### Abbreviations:

HF – hypoallergenic formula (includes extensively hydrolysed formula and amino acid formula)  
 CMA – cow's milk allergy  
 PSD – prescribing support dietitian  
 GP – general practitioner  
 RAC – rapid access clinic



\*If diagnosis cannot be confirmed/excluded due to non-attendance, the patient will be discharged back to the GP. The GP should re-refer to RAC should patient still require prescription for HF or support for CMA.

### Referral criteria for South East London (SEL) Telephone Non IgE-mediated CMA RAC

1. Patient is registered with a GP in South East London (except Greenwich).
2. No improvement after 2 weeks of 1<sup>st</sup> line treatment for common childhood conditions
3. Please refer patients with IgE-mediated CMA (immediate symptom onset – minutes to 2 hours e.g. hives) to the [local allergy clinic](#).
4. Not multiple food allergies (excluding dairy with/without soya). Please refer patients with suspected multiple food allergies to the [local allergy clinic](#).
5. No evidence of unresolved faltering growth. Please refer patients with growth faltering to paediatrician and the local dietetic service for an urgent appointment.
6. Under 14 months of age. Please refer children older than 14 months to the [local dietetic service](#).

Approval date: August 2024

Review date: August 2027 (or sooner if evidence or practice changes)

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