

Pathway for Telephone Non IgE-mediated Cow's Milk Allergy Rapid Access Clinic

BROMLEY ONLY Abbreviations: **Bromley Health Dietitians** HF – hypoallergenic formula (includes extensively hydrolysed formula and amino acid formula) provide on-going advice CMA - cow's milk allergy once CMA confirmed by PSD – prescribing support dietitian **RAC PSD** GP – general practitioner RAC - rapid access clinic **Recommend trial** Infant Still suspects PSD reviews to **PSD** provides **Treat** Complete **PSD** contacts non-lgE CMA of maternal discuss support on presents with common allergywithin 2-4 dairy-free diet if dairy-free diet & infant focussed and referral challenge suspected weeks of exclusively **iMAP Milk** criteria met outcome, plan **CMA** conditions history referral to breastfeeding Ladder (virtual and/or onward advise dairy and/or HF referral groups) challenge* **REFER TO RAC** Suspected multiple food allergies, If symptoms resolved **GP** advised to STOP px on 1st line treatments IgE CMA, faltering growth if CMA excluded OR Continue HF as per SEL then CMA unlikely volume guidelines if confirmed Referral to local allergy clinic for multiple **STOP BY 12 MONTHS** and/or IgE food allergies Urgent referral to paediatrician and local dietitian if unresolved growth faltering

*If diagnosis cannot be confirmed/excluded due to non-attendance, the patient will be discharged back to the GP. The GP should re-refer to RAC should patient still require prescription for HF or support for CMA.

Referral criteria for South East London (SEL) Telephone Non IgE-mediated CMA RAC

- 1. Patient is registered with a GP in South East London (except Greenwich).
- 2. No improvement after 2 weeks of 1st line treatment for common childhood conditions
- 3. Please refer patients with IgE-mediated CMA (immediate symptom onset minutes to 2 hours e.g. hives) to the local allergy clinic.
- 4. Not multiple food allergies (excluding dairy with/without soya). Please refer patients with suspected multiple food allergies to the local allergy clinic.
- 5. No evidence of unresolved faltering growth. Please refer patients with growth faltering to paediatrician and the local dietetic service for an urgent appointment.
- 6. Under 14 months of age. Please refer children older than 14 months to the local dietetic service.

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Review date: August 2027 (or sooner if evidence or practice changes)