

Greenwich Combined Wound Care Formulary

(Additional information and Max of days dressings can stay on are for general reference only. Please exercise holistic clinical judgement when prescribing)

For additional information, please visit <https://www.woundcarehandbook.com/>

For Greenwich Integrated Woundcare Pathway, please refer to [integrated wound care pathway \(selondonccg.nhs.uk\)](https://www.selondonccg.nhs.uk/integrated-wound-care-pathway)

1. NON ADHERENT PRIMARY DRESSINGS (PRIMARY CONTACT LAYERS)

Lightly exuding or granulating wounds. Low adherence to wound bed. Non-absorbent

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
Atrauman®	5 x 5	£0.36	10	5	Effective for up to 7 days Petrolatum free Impregnated with triglycerides	-
	7.5 x 10	£0.37	10	5		
	10 x 20	£0.84	10	5		
	20 x 30	£2.31	10	5		
Cost effective alternative to: Mepitel®, Adaptic Touch®, Bactigras®, Silflex®, Tegaderm Contact®, Sorbion Contact®, Urgotul®, UργοCell TLC®, N/A Ultra®						

2. ABSORBENT PERFORATED DRESSING WITH ADHESIVE BORDER

Low to moderate exuding wounds, protective covering for primarily closed and postoperative wounds. Low adherence primary or secondary dressing.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
Cosmopor E® (1 st choice)	5 x 7.2	£0.09	50	10	Self-adhesive island wound dressing with non-adherent absorbent pad. If clinically indicated – up to 7 days	NOT showerproof
	8 x 10	£0.19	25	10		
	8 x 15	£0.30	25	10		
	10 x 20	£0.48	25	10		
Hydrofilm Plus® (Showerproof alternative)	6 x 7	£0.24	10	10	Showerproof alternative to Cosmopor E. If clinically indicated – up to 7 days	-
	10 x 12.5	£0.45	10	10		
	10 x 15	£0.56	10	10		
Cost effective alternative to: Op-Site®, Op-Site Plus®, Biatain Super Adhesive®, Cosmopor®, Cutisorb Ultra®, Cutisorb LA®, Skintact®, Tegaderm+Pad®, Mepore®						

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3. HYDROCOLLOID DRESSING

All tissue types, but only those with low to moderate exudate. Will rehydrate necrosis and slough. Promote granulation. Only use as a primary dressing.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
DUODERM EXTRA THIN®	7.5 x 7.5	£0.86	5	5	Only prescribe a small amount as the wound exudate will increase as the wound debrides and hydrocolloids will no longer be suitable. Notes for Care home – DO NOT apply to diabetic/ischaemic foot ulcers Avoid in infected wounds Up to 7 days use	<ul style="list-style-type: none"> Do not allow to dry out. Do not pack into sinuses as risk of plug formation. Dry necrotic wounds 3rd degree burns. Heavily bleeding wounds. Caution in Fungating tumors
	10 x 10	£1.43	10	5		
	15 x 15	£3.09	10	5		
Cost effective alternative to: Biatain® Alginate, Flomozil®, Granuflex®, Granuflex Border®, Hydrocoll Basic®, Border & Thin®, Tegaderm Hydrocolloid Thin®						

4. SIMPLE FOAM DRESSINGS

Granulating, epithelising or sloughy wounds with moderate to heavy exudate. Can be primary or secondary.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
AQUACEL FOAM ADHESIVE®	8 x 8	£1.50	10	5	May be used for wounds such as minor abrasions, lacerations, minor cuts, minor scalds and burns. Care Homes might consider using Activheal foam if more suitable. If clinically indicated – up to 7 days use	-
	10 x 10	£2.32	10	5		
	12.5 x 12.5	£2.87	10	5		
AQUACEL FOAM NON - ADHESIVE®	5 x 5	£1.45	10	5	May be used for wounds such as minor abrasions, lacerations, minor cuts, minor scalds and burns. Care Homes might consider using Activheal foam if more suitable. If clinically indicated – up to 7 days use	-
	10 x 10	£2.74	10	5		
	15 x 15	£4.61	5	5		
	15 x 20	£6.35	5	5		
KLINIDERM FOAM® Silicone border	7.5 x 7.5	£0.96	10	5	Adhesive dressing For moderate and highly exuding wounds If clinically indicated – up to 7 days use	Do not cut
	12.5 x 12.5	£1.83	10	5		
	10 x 20	£3.23	10	5		

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5. SUPER ABSORBENT DRESSINGS/PROTEASE MODULATORS/GELLING FIBRES

Management of moderate to heavy exuding wounds. Can be primary or secondary dressing.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
CONVAMAX® Superabsorber Non Adhesive	7.5 x 7.5	£1.02	10	5	Suitable for compression. If clinically indicated – up to 7 days use	Must not be cut or torn
	12.5 x 12.5	£1.47	10	5		
	10x 20	£1.62	10	5		
	20 x 20	£2.81	10	5		
	20x30	£3.36	10	5		
	20 x40	£3.88	10	5		

Cost effective alternative to: Kerramax Care®, Sorbion Sana®, Promogran®, Sorbion Sachet Border®, Suprasorb C®, Tegaderm Matrix®, UrgoClean®, Zetuvit Plus®

6. ANTIMICROBIAL DRESSINGS

6.1 HONEY DRESSINGS

For infected wounds – Short-term use 7 – 14 days usually advised until infection resolves. All require a secondary dressing.

A stinging sensation may be experienced when applying the honey, if this unacceptable remove dressing and discontinue use.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
ACTILITE®	10 x 10	£1.27	10	7	Primary dressing for superficial, low exuding wounds. Effective against MRSA but not pseudomonas. If clinically indicated – up to 7 days	<ul style="list-style-type: none"> • DO NOT USE in patients with a known sensitivity to bee venom, bee products or essential oils. E.g. tea tree oil, or any of the materials used in the dressing. • Blood glucose levels should be monitored in diabetic patients.
	10 x 20	£2.45	10	7		
ALGIVON®	5 x 5	£2.55	5	5		
	10 x 10	£4.37	5	5		
ACTIVON® Manuka Honey	20g	£2.44	20g	20g	For cavity wounds. Up to 7 days use depending on exudate levels	

Cost effective alternative to: Medihoney® products, Activon Tulle®

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6.2 IODINE DRESSINGS

For infected wounds – maximum single application 50g or maximum weekly application 150g. All require a secondary dressing.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
For Superficial/Low exuding wounds						
INADINE®	5 x 5	£0.34	10	10	Effective against MRSA but not pseudomonas If wound not improving to treatment after 4 weeks treatment refer to Tissue Viability Service If clinically indicated – up to 7 days	<ul style="list-style-type: none"> • DO NOT USE if: <ul style="list-style-type: none"> -Sensitivity to Iodine -Before or after use of radio-iodine -Children, pregnant or lactating women -Renal • Use under medical supervisions: <ul style="list-style-type: none"> -Thyroid disorders -Diabetes taking sulphonylureas -Lithium
	9.5 x 9.5	£ 0.50	10	10		
For Heavily exuding/necrotic wounds						
Iodoflex® paste	5g	£4.39	5	5	<p>ONLY to be used under Tissue Viability Service supervision</p> Adherent crust may form when the dressing is changed with significant frequency.	<ul style="list-style-type: none"> • DO NOT USE if: <ul style="list-style-type: none"> -Sensitivity to Iodine -Hashimoto’s thyroiditis -non-toxic nodular goitre children - Pregnant or lactating women • Use under medical supervisions: <ul style="list-style-type: none"> -Thyroid disorders -Diabetes taking sulphonylureas -Lithium
	10g	£8.77	3	3		

Cost effective alternative to: Iodosorb®, Povitulle®

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6.3 SILVER DRESSINGS

For infected wounds – Short-term use 7 – 14 days usually advised until infection resolves. All require a secondary dressing.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Max of days dressings can stay on	Cautions/ Contraindications
(First line) ATRAUMAN Ag®	5 x 5 10 x 10	£0.55 £1.34	10 10	5 5	<ul style="list-style-type: none"> • 2 weeks use only • Effective up to 7 days • Can be used in combination with traditional swabs, foam dressings and absorbent dressings • Aquacel Ag + Extra has more silver content compared to Atrauman Ag • Aquacel Ag Ribbon – primarily for cavity/sinus wounds with moderate to heavy exudate 	Dressings should be changed every 3-7 days If the wound needs daily change, do not use Silver dressings. Use standard dressings and consider systemic antibiotic if indicated or leave inner silver dressing intact and change soiled outer dressing.	<ul style="list-style-type: none"> • DO NOT USE if known sensitivity to silver • Must be removed prior to x-ray, MRI, ultrasound or diathermy
(Second Line) Aquacel Ag + Extra®	5 x 5 10 x 10	£2.08 £4.94	10 10	5 5			
Aquacel Ag + Ribbon®	1 x 45	£3.28	5	5			

Cost effective alternative to: Acticoat/Flex®, Allevyn Ag®, Biatain Ag®, Mepilex Ag®, Promogran Prisma®, Urgotul Silver®

7. FILM DRESSINGS

Primary/secondary vapour permeable film for shallow, dry, non-infected wounds e.g. donor sites, minor burns, grazes, postoperative incisions.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
365 film dressings®	6 x 7 10 x 12 15 x 20	£0.04 £0.16 £0.38	100 50 25	10 10 10	Showerproof. Dressings can be left in place for up to 7 days, if signs of infection are observed, remove the dressing.	-

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Cost effective alternative to: mepilex border lite®, tegaderm film®, c-view®

8. PHYSICAL DEBRIDEMENT PADS

Debridement of superficial wounds containing loose slough and debris, and for removal of hyperkeratosis from the wound.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
UCS® debridement	10 x 10	£6.86	5	5	Must be fully moistened with a wound cleansing solution before use.	Do not use as a dressing.

Cost effective alternative to: Debrisoft®

9. SKIN PROTECTION

Skin barrier and moisturiser for intact and injured skin.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
MEDI DERMA-S® Barrier cream	90 g	5.95	1	1	Protecting intact skin around feeding tube, catheter & stoma sites. Protecting skin from adhesives from adhesive device. Skin protection for use with incontinence pads	External use only.
MEDI DERMA-PRO® foam spray cleanser	250 ml	£5.95	1	1	Cleanse severely injured/damaged skin associated with incontinence.	Not to be used if there are any signs of irritation or known allergies/ sensitivities to any of the ingredients.
CONVACARE® Barrier wipes	100 wipes	£19.51	100	100	Only for periwound and peristomal area	-

Do not use Conotrane® as barrier cream.

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10. BANDAGES

10.1 TUBULAR RETAINING BANDAGE

Dressing retention if retention bandage is unsuitable

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
ACTI-FAST®						
<i>Green</i>	5 x 5m	£2.81	1	5	-	Known sensitivity to the fabric
<i>Blue</i>	7.5 x 5m	£3.74	1	5		
<i>Yellow</i>	10.75 x 5m	£6.04	1	5		
<i>Beige</i>	17.5 x 1m	£1.83	1	5		

Cost effective alternative to: Tubifast®, Clinifast®, Comfast®, Coverflex®, Comfigrip®, Easifast®, EasyGRIP®, Tubinette®, Tubigrip®

10.2 SUB-COMPRESSION WADDING BANDAGE

Soft absorbent protection of skin under compression bandaging and for padding and reshaping the lower limb as required.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
K-SOFT®	10 x 3.5m	£0.45	1	5	Part of K-FOUR multilayer compression bandage system	Not recommended for patients with arterial disease (ABPI < 0.8)

Cost effective alternative to: Clinilite®, Hospicrepe® 233, Medicrope®, CliniPlus®, Orthocrepe®, Setocrepe®, Soffcrepe®

10.3 LIGHT SUPPORTING CONFORMING BANDAGE

Reducing mild oedema, non-venous leg ulcers or where compression cannot be tolerated.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
K-LITE®	10 x 4.5m	£0.99	1	5	Part of K-FOUR multilayer compression bandage system	Known hypersensitivity to nylon, viscose, elastomer.

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10.4 ZINC PASTE BANDAGE

For the treatment of venous ulcers.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
ZipZoc Zinc [®] oxide stockings	1 stocking	£13.88	4	1	Should be changed every 3 to 5 days	Hypersensitivity to any ingredient of the stocking and acute eczematous lesions

Alternative to: Viscopaste[®], EasyPaste[®]

10.5 RETAINING BANDAGE

For keep dressings, devices and creams in place without causing discomfort to the patient

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
K-BAND [®]	5 x 4m	£0.20	1	1	Part of K-FOUR multilayer compression bandage system	Known hypersensitivity to nylon, viscose, elastomer.
	7 x 4m	£0.26	1	1		
	10 x 4 m	£0.28	1	1		

11. COMPRESSION SYSTEMS

11.1 TWO LAYER SYSTEMS – (NOT TO BE APPLIED IN CARE HOMES)

Compression therapy for venous leg ulcers with ABPI of > 0.8 and venous oedema

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
URGOTWO [®] KIT (40mmHg)	18-25 x 10m	£8.05	1	1	<ul style="list-style-type: none"> • MUST only be applied by competent practitioners • Suitable for ankle circumference of < 25 cm • Can be washed and reused • Latex-free version available • Can be left for up to 7 days 	<ul style="list-style-type: none"> • DO NOT USE: - Hypersensitivity to latex - ABPI < 0.8 - Arterial disease • Use under medical supervision for: Diabetes, heart failure or advanced microvascular disease patients
	25-32 x 10m	£8.80	1	1		
URGOTWO [®] REDUCED KIT (22mmHg)	18-25 x 10m	£8.05	1	1		
	25-32 x 10m	£8.80	1	1		

Cost effective alternative to: Pro-Two[®], Coban[®] 2 Compression System and other 2 layer compression kits

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11.2 TWO LAYER SHORT STRETCH – (NOT TO BE APPLIED IN CARE HOMES)

Compression therapy of limbs with venous disorders (i.e. venous leg ulcers) and the control and reduction of chronic oedema and lymphoedema in the lower limbs and arms. This form of compression therapy can be used with caution in patients presenting with mixed aetiology leg ulcers, as the wound may not be a pure venous ulcer but may be mixed with, for example, arterial disease.

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
ACTICO®	8 x 6m	£3.21	1	1	<ul style="list-style-type: none"> • MUST only be applied by competent practitioners • Contains low sensitivity latex • Can be left for up to 7 days 	<ul style="list-style-type: none"> • DO NOT USE: <ul style="list-style-type: none"> - Hypersensitivity to latex - ABPI < 0.8 - Arterial disease • Use under medical supervision for: Diabetes, heart failure or advanced microvascular disease patients
	10 x 6m	£3.33	1	1		
	12 x 6m	£4.24	1	1		

Cost effective alternative to: Coflex TLC lite®

12. COMPRESSION THERAPY

Treatment for venous disorders, chronic oedema and lymphoedema

Education on how to wear and wash the stockings are essential before prescribing.

Measurements of widest part of the calf, ankle and foot length required before prescribing. (Videos for patient: [medi UK how to measure for mediven® off the shelf](#))

Both clinicians and patients can access the information on measurement:

[Measurement form for Mediven](#), [Measurement form for Duomed](#), [Help With Measuring \(jobst.co.uk\)](#)

Ensure patients/carer can use these products before prescribing. **Issue 1 pack initially for trial on each affected limb**

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
Mediven Plus® Class 1* (18-21mmHg) Class 2* (23-32mmHg)	(Open/ closed toe) (Black/beige)	£30.69	2	1 pack	Can last for up to 6 months For telangiectasia or reticular veins, oedema, prevention of ulceration or recurrence (Petite and extra wide options available)	Class 1 for all conditions Class 2 not recommended for patients with arterial disease (ABPI< 0.8)
	Size 1 -7	£30.69	2	1 pack		

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Mediven Elegance®* Class 1 (18-21mmHg) Class 2 (23-32mmHg)	(closed toe only) (Black/beige) Size 1 -7	£30.47 £30.47	2 2	1 pack 1 pack		See previous page
Mediven for men®* Class 1 (18-21mmHg) Class 2 (23-32mmHg)	(Closed toe only) (Navy/Grey/black) Size 1 -7	£30.24 £30.58	2 2	1 pack 1 pack	Can last for up to 6 months For Broader feet and early to moderate venous disease, soft oedema (Petite options available)	
Duomed soft® BS Class 1 BS Class 2	(Sand/Black) S-XXL	£8.02 £11.73	2 2	1 pack 1 pack	Can last for up to 3 months Contains a softer band at the top preventing indentation and soreness below the knee	Class 1 (14-17mmHg) for all conditions Class 2 (18-24 mmHg) not recommended for arterial disease (ABPI< 0.8)
Jobst UlcerCare® Compression liner pack	From Small to XXXX Large	£20.42	3	1 pack	Can last for up to 3 months Liners only	Does not contain compression stockings.
Jobst Ulcercare® (Class 3 stocking & liner pack)	With or without zip From Small to XXXX Large	£33.81	-	1 pack	Can last for up to 6 months Contains of 1 stocking and 2 liners Two part system providing 40mmHg of graduated compression	Contraindicated when: • Ischemia (e.g. advanced arterial disease) • Untreated septic phlebitis • Uncontrolled congestive heart failure • Phlegmasia cerulea dolens
Cost effective alternative to: Activa®, Comfipression® Leg Ulcer Kit, Mediven Ulcer Kit						

* Mediven FP10 formulary guide - [Formulary Guide Sept 2016.pdf \(medi.de\)](#)

** Mediven – how to take care of compression stockings - [Taking care of compression stockings – how do you wash them correctly? | medi](#)

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13. TAPES

Fixation of dressings, swabs, catheters and tubes

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
MEFIX®	2.5 x 5m 5 x 5m	£1.02 1.81	5	5	For fragile skin only	-

Cost effective alternative to: Hypafix®, Clinipore®, Chemifix®, Micropore®, Omnifix®, Pluspor Clear®, Leukopor®, Scanpor®, Siltape®, Transpore®

14. STERILE DRESSING PACKS

Postoperative dressing changes in the community

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
365 community® woundcare pack	Glove size: S/M M/L	£0.46	1	1	1 Tray 16.5cm x 10.5cm 1 Pair Nitrile Gloves 1 White Waste Disposal Bag 1 Hand Dressing Towel 1 White Plastic Apron 5 Non-Woven Swabs 4 ply 10x10cm 1 Measuring Tape 1 Folded Drape 50cm x 50cm 1 Tissue Backed Sterile Field	-

Cost effective alternative to: Nurse-It®, Dressit®, Sterile Dressing Packs S10 & S35, Polyfield® Patient Pack, Propax SDP®, Softdrape®

Instramed® dressing probe	-	£0.80	1	1	-	-
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15. IRRIGATION AND CLEANSING

Topical irrigation and cleansing of traumatic and surgical wounds

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
(First line) WARM TAP WATER	-	£0.00	-	-	NICE GUIDELINE: Surgical site infections: prevention and treatment	The decision to use tap water to cleanse wounds should take into account the quality of water, nature of wounds and the patient's general condition, including the presence of comorbid conditions
Cost effective alternative to: Irripod®, Mesalt®, Normasol®, Octenilin® wound irrigation solution, Prontosan® solution, Stericlens®, Steripod®						

16. PODIATRY USE ONLY ITEMS

Treatment of diabetic foot ulcers and venous leg ulcers as per NICE TA [MTG 42]

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
MELOLIN®	5 x 5	£0.17	100	5	For podiatry use ONLY Should be changed every 1 to 2 days during the desloughing phase, then as often as required depending on the exudate volume and the clinical wound condition	-
URGOSTART CONTACT®	5 x 7	£2.96	10	5		-
	10 x 10	£4.20	10	5		-
	15 x 20	£10.01	10	5		-
URGO CLEAN AG®	6 x 6	£2.04	10	5		-
	10 x 10	£4.64	10	5		-
	15 x 20	£8.95	10	5		-

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17. SCAR TREATMENT PREPARATIONS (PRESCRIBE ONLY UNDER SECONDARY CARE RECOMMENDATIONS)

For keloid and hypertrophic scars less than 2 years old resulting from trauma, burns or surgery

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Max of days dressings can stay on	Cautions/ Contraindications
ADVASIL CONFORM®	10 x 10	£5.30	1	1	Prescribe one gel sheet only, silicone gel sheets can be washed and reused.	Once the gel sheet becomes difficult to clean, a new piece should be used. This usually occurs after 14 to 28 day intervals.	DO NOT USE: •Hypersensitivity to silicone •Broken skin •Open wounds •Any dermatological conditions e.g. eczema, acne
SCARSIL® GEL	30g tube	£15.19	30g	30g	For scars on the face, ears and neck are highly visible	-	
Cost effective alternative to sheets: Cica-Care®, Dermatrix®, Mepiform®, NewGel+®, ScarFx®, Silgel®, BAP Scar Care T®, Ciltech®							

18. OTHERS

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
AQUACEL Extra®	5 x 5cm 10 x 10cm 15 x 15cm	£1.07 £2.55 £4.80	10 10 10	5 5 5	Primary absorbent, high tensile strength for cavity and sinus wounds	-
AQUACEL RIBBON®	2 x 45	£2.44	5	2	Hydrofibre - primary dressing for cavity/sinus wounds with moderate heavy exudate	-
CLINISORB®	10 x 10	£1.88	10	5	Odour absorbent – for odour control Frequency of change will depends if dressing becomes wet	-
KERRAPRO® PRESSURE REDUCING PAD	10x10 x0.3 Heel Size	£4.20 £14.83	5 1	1 1	Prevention of pressure ulcers. Can be reused on the same patient (After washing with soap and water)	Only use on healthy intact skin. It is not a wound dressing and so should never be placed on ulcerated or broken skin.

Greenwich Combined Wound Care Formulary

(Additional information and Max of days dressings can stay on are for general reference only. Please exercise holistic clinical judgement when prescribing)

For additional information, please visit <https://www.woundcarehandbook.com/>
For Greenwich Integrated Woundcare Pathway, please refer to [integrated wound care pathway \(selondonccg.nhs.uk\)](https://www.selondonccg.nhs.uk/integrated-wound-care-pathway)

19. SELF CARE ITEMS (DO NOT PRESCRIBE)

Proprietary Name	Sizes (cm)	Unit cost	Pack size	Max Qty on Rx	Additional information	Cautions/ Contraindications
Limb-O™ waterproof protectors	All types and sizes	OTC	-	0	Physical cover to enable user to shower or bathe when using a cast or dressing for broken bones and wounds. Patients are to buy over the counter	-
Kerraped Plus boots	All sizes	OTC	1	0	<u>DUAL STATUS:</u> For offloading pressure from the front of the foot - buy over the counter For Neuropathic foot ulcers or patients with bulky bandages who cannot wear their own footwear - refer to Specialist-Formulary (selondonccg.nhs.uk)	-

Appendix 1: Rationale of use

Products	Rationale
Atrauman®	All primary contact layers are clinically similar – Atrauman® is most cost-effective unless clinically indicated otherwise.
Cosmopor E® Hydrofilm plus®	All absorbent perforated dressing with adhesive borders are similar - Cosmopor E® chosen as 1st line due to cost effectiveness; Hydrofilm plus® as showerproof alternative unless clinically indicated otherwise.
Duoderm extra thin®	Can stay on for up to 7 days compared to other hydrocolloid hence preferred; it can also soften necrotic issue.
Convamax® superabsorber absorber non-adhesive	Doesn't mishape leg; Very effective for wet ulcer and can be used under compression.
Kliniderm foam® Silicone border	A soft, conformable absorbent polyurethane foam dressing with an adhesive silicone wound contact layer with waterproof film outer layer and adhesive border.
Aquacel Extra®	Well known effective product; used for debriding as well as packing.
Aquacel foam adhesive® Aquacel foam non-adhesive®	Aquacel foam® has a gentle silicone adhesive and a waterproof /bacteria barrier and can be used for various types of wounds including pressured ulcers, leg ulcers, surgical wounds and traumatic wounds, which makes it more superior than Activheal foam® when clinically indicated.

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Acitlite® Algivon® Activon® Manuka Honey	Algivon® contains manuka honey as well as alginate, which helps with debridement Actilite® is a viscose net dressing. Activon Manuka Honey is for cavity wounds. All needed to be included for different indications.
Inadine® Iodoflex® paste	Inadine® is for superficial/low exuding wounds Iodoflex® is for heavily exuding/necrotic wounds. Product of choice for cavity wounds.
Aquacel Ag + extra® Atrauman Ag® Aquacel Ag+ ribbon®	Aquacel Ag + extra® is an alginate dressing containing silver (more silver content than Atrauman Ag®) which makes it more suitable for any wet wound bed preparation. It absorbs wound fluid, disrupts and breaks down biofilm to expose and kill bacteria, while preventing biofilm re-formation. Atrauman Ag® is non adherent contact layer silver dressing. It is less expensive, but it is only more suitable for superficial wounds. Aquacel Ag+ ribbon® is the product of choice for cavity wounds.
365 film dressings®	All film dressings are clinically similar – 365 film dressings® is most cost effective unless clinically indicated otherwise.
UCS® debridement	For debridement. Most cost-effective option of its kind.
Medi Derma-S® Barrier cream Medi Derma-Pro® foam spray cleanser	Chosen as cost effective options
Convacare® Barrier wipes	Only for periwound and perstomal area. Most cost-effective option.
Acti-fast®, K-Soft®, K-Lite®, K-Band®	Products chose as cost effective options.
ZipZoc Zinc® oxide stockings	This medicated stocking impregnated with 20% zinc oxide can be used as a primary contact layer under compression therapy systems where venous insufficiency exists. Clinically safest option.
UrgoTwo® KIT (40mmHg) UrgoTwo® REDUCED KIT (22mmHg)	Multicomponent compression bandage system that combines elastic and inelastic components. Designed to provide sustained graduated compression for up to 7 days. The first-layer, K-Tech, is a short-stretch (inelastic) bandage that delivers stiffness, absorbency and 80% of the pressure. The second-layer, K-Press, is an elastic, cohesive bandage that keeps the system in place and provides additional compression to achieve therapeutic pressure. The combined effect is designed to provide continuous, consistent and comfortable compression, both when active and at rest. - (most cost effective of its kind) - also bandages have indicators on them to assist correct compression when applying
Actico®	Cohesive, inelastic (short-stretch) compression bandage. To be applied after padding
Mediven Plus®, Mediven Elegance® Mediven for men®	Chosen as 1 st line compression stockings as it can last for up to 6 months, making it the most cost-effective option. Best patient outcome in practice.
Duomed soft® BS	Can last up to 3 months. Chosen as 2 nd line as more cost effective than other compression stockings.
Jobst Ulcercare® compression liner pack	These liners provide gentle compression to promote healthy blood flow, reduce swelling and discomfort, and help prevent the recurrence of venous ulcers
Jobst Ulcercare® stocking and liner pack	Two-part system providing 40mmHg of graduated compression.
Mefix®	Chosen as most cost-effective option

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365 community® wound care pack	Cost effective option – content does not include probe
Instramed® dressing probe	Added as an add on to 365 community® wound care pack if probe is needed
Warm tap water	For wound irrigation – following NICE guideline Recommendations Surgical site infections: prevention and treatment
Melolin®	PODIATRY USE ONLY: Slightly absorbent, protective and with non-adhesive top layer. Particularly useful in podiatry e.g. nail removal
Urostart contact®	PODIATRY USE ONLY: NICE 2019 medical technology guidance (MTG42) states that evidence supports the case for adopting
<p>For additional information, please visit https://www.woundcarehandbook.com/ For Greenwich Integrated Woundcare Pathway, please refer to integrated wound care pathway (selondonccg.nhs.uk)</p>	
Urgoclean Ag®	complete and continuous cleaning action to remove slough and exudate and the silver ions provide fast and broad-spectrum antimicrobial efficacy. This combined cleaning and antimicrobial action is designed to defeat biofilms and prevents their reattachment.
Advasil conform® Scarsil® gel	UNDER SECONDARY CARE RECOMMENDATIONS ONLY Advasil conform® suitable for harder thicker scars on large areas; Scarsil® gel is more suitable for face, ears and neck Both chosen as most-cost effective option of its kind.
Aquacel ribbon®	For cavity wounds. Soft, sterile, non-woven, Hydrofiber (sodium carboxymethylcellulose) ribbon dressing with stitch-bonded fibres to increase tensile strength. Absorbs wound fluid and transforms into a soft gel
Clinisorb®	Most cost-effective for odour control.
Kerrapro® pressure reducing pads	Most cost effective for pressure reduction. It can be reused on the same patient (wash with soap and water)

Appendix 2 - Greenwich Prescription Request from Care Home Nurses for selected dressings from the Primary Care Wound Formulary

To be prescribed by the GP

GP/ Surgery:	Site: (left/right)
HCP requesting prescription: HCP name in print:	Frequency of change: /week
Date requested:	Type of wound: light / medium / heavy exudate /other please be specific
Patient name:	Assessed by (HCP name in print):
DOB:	Next review date:

Dressing name	Size (delete unwanted size)	Quantity of dressing	Comment/alternative size	Additional information
CONVAMAX® Superabsorber Non Adhesive	7.5 x 7.5cm	5		If clinically indicated - up to 7 days use
	12.5 x 12.5cm	5		
	10 x 20cm	5		
	20 x 20cm	5		
	20 x 30cm	5		
	20 x 40cm	5		
Kliniderm® Foam Silicone Border	7.5 x 7.5cm	5		If clinically indicated – up to 7 days use
	12.5 x 12.5cm	5		
	10 x 20cm	5		
Aquacel Foam Adhesive®	8 x 8cm	5		If clinically indicated – up to 7 days use
	10 x 10cm	5		
	12.5 x 12.5cm	5		
Aquacel Foam Non adhesive®	5 x 5	5		If clinically indicated – up to 7 days use
	10 x 10	5		
	15 x 15	5		
	15 x 20	5		
	20 x 20	5		
ActivHeal Foam Non adhesive	5 x 5cm	5		Only if Aquacel Foam non adhesive® not suitable If clinically indicated – up to 7 days use
	10 x 10cm	5		
	10 x 20cm	5		
Duoderm® extra thin	7.5 x 7.5cm	5		DO NOT apply to diabetic/ischaemic foot ulcers Avoid in infected wounds Up to 7 days use
	10 x 10cm	5		
	15 x 15cm	5		
Aquacel® Extra	5 x 5cm	5		No specific guidance regarding duration of dressing use – use clinical judgement
	10 x 10cm	5		
	15 x 15cm	5		
Aquacel® ribbon	2 x 45cm	2		No specific guidance regarding duration of dressing use – use clinical judgement
Cosmopore® E	5 x 7.2 cm	10		If clinically indicated – up to 7 days
	8 x 10 cm	10		
	8 x 15cm	10		
	10x 20cm	10		
Atrauman®	5 x 5cm	5		Effective for up to 7 days
	7.5 x 10cm	5		
	10 x 20cm	5		
	20 x 30cm	5		

Dressing name	Size (delete unwanted size)	Quantity of dressing	Comment/alternative size	Additional information
Medi-derma® S Barrier cream	90 g	1		No specific guidance regarding duration of dressing use – use clinical judgement
365 film® dressings	6 x 7cm	10		Dressings can be left in place for up to 7 days, if signs of infection are observed, remove the dressing.
	10 x 12cm	10		
	15 x 20cm	10		
Actilite®	10 x 10cm	7		If clinically indicated – up to 7 days
	10 x 20cm	7		
KerraPro® Pressure reducing pads (washable& re-usable)	Sheet: 10 x 10 x 0.3cm	1		No specific guidance regarding duration of dressing use – use clinical judgement
	Heel: one size	1		
Actifast®	Green 5cm x 5m	5		No specific guidance regarding duration of dressing use – use clinical judgement
	Blue 7.5cm x 5m	5		
	Yellow 10.75cm x 5m	5		
	Beige 17.5cm x 1 m	5		
K-band®	5cm x 4m	1		No specific guidance regarding duration of dressing use – use clinical judgement
	7cm x 4 m	1		
	10cm x 4m	1		
K- soft®	10cm x 3.5 m	5		No specific guidance regarding duration of dressing use – use clinical judgement
K- lite®	10cm x 4.5 m	5		No specific guidance regarding duration of dressing use – use clinical judgement

Please indicate the dressings that are no longer required:

*Additional information and maximum number of days dressings can stay on are for general reference only. Please exercise holistic clinical judgement when prescribing

****For full list of formulary items, please see the [Greenwich Combined Wound care Formulary](#)**