

Community Wound Management Guide and Preferred Dressing List

Key Messages

- Start at appropriate level of management depending on **wound type, stage of healing and level of exudate**. Review the wound regularly and prescribe the most suitable dressing as required.
- It is expected that generally the TYPE of wound and SIZE will change over time; do not prescribe excessive quantities or issue as long term repeats to avoid wastage and facilitate prompt review of wound.
- The size on the PDL are a guide and list the most commonly used dressing and sizes, Staff should use their clinical judgment to decide when other sizes or dressing products are needed.
- To prevent excessive quantities being prescribed, it is recommended that a “**dose**” is written for each dressing e.g. Granuflex 10x10cm change every 5-7 days x10
- Dressings on FP10 prescriptions should be prescribed for individual patients and not to be used as stock items.

* Note that Silver and Honey dressings are not recommended for routine use in chronic venous leg ulcers (SIGN guideline 120. 2010). Also the BNF (77) and NICE Key Therapeutic Topic 14 (KTT14) 2015 do not recommend the routine use of silver for uncomplicated ulcers and acute wounds. **Consult Tissue Viability Nurses (TVNs)**

| WHICH Dressing? | | | |
|--|--|--|--|
| Wound Type | Aim | Recommended dressing | Recommended dressing |
| | | No or low exudate | Moderate to high exudate |
| Epithelialising wound | To protect area and encourage healing | <ul style="list-style-type: none"> • Low adherent dressings • Vapour-permeable film • Hydrocolloid | <ul style="list-style-type: none"> • Foam Non Adhesive |
| Granulating wound | To promote healing by encouraging granulation. | <ul style="list-style-type: none"> • Hydrocolloid • Foam adhesive | <ul style="list-style-type: none"> • Hydrofiber • Foam adhesive |
| Sloughy wounds | To remove sloughy tissue by autolysis and provide a clean base for granulation tissue. | NO INFECTION PRESENT <ul style="list-style-type: none"> • Hydrogel • Hydrocolloid Not on diabetic/or Ischaemic feet | <ul style="list-style-type: none"> • Honey • Cadexomer – Iodine • Hydrocolloid-fibrous |
| Necrotic wounds | To remove necrotic tissue by rehydration. | <ul style="list-style-type: none"> • Hydrogel • Hydrocolloid | <ul style="list-style-type: none"> • Cadexomer – Iodine • Hydrocolloid-fibrous |
| Infected wounds (only if there are clinical signs of infection) | To treat infection and promote wound healing. | <ul style="list-style-type: none"> • Honey* • Cadexomer – Iodine products | <ul style="list-style-type: none"> • Honey* • Cadexomer – Iodine products • Silver Dressing* (Do not use if on antibiotics. Max 2 weeks) |
| Malodorous and Fungating wounds | To de-odorise wound and manage infection if present. | <ul style="list-style-type: none"> • Low adherent dressings • Metronidazole gel ** • Odour absorbent dressings • Honey products | <ul style="list-style-type: none"> • Metronidazole gel** • Odour absorbent dressings • Honey products • Hydrocolloid-fibrous • Alginate (Kaltostat for bleeding wound only) **Metronidazole gel is not in community nurses formulary. |
| Leg Ulcers Please refer to Leg Ulcer Pathway | Treat wound type and stage of healing. | VENOUS LEG ULCER (confirmed by Doppler reading) <ul style="list-style-type: none"> • Compression bandaging • Compression hosiery ARTERIAL LEG ULCER <ul style="list-style-type: none"> • Treat according to individual need | |

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| WHICH Product? | | | | | |
|---|---|----------------|------------------|---|---|
| | Product | Size | PIP Codes | Cost per dressing | Prescribing Points |
| Absorbent or Surgical Pads | Zetuvit E Non Sterile Pads | 10 x 10cm | 328-6085 | £0.07 | <ul style="list-style-type: none"> Non-sterile pads should be used in most cases. Do not use Zetuvit and Xupad under compression bandaging. Kliniderm should only be used in highly exudating wounds. Kliniderm is thin, so suitable for use under compression bandaging. |
| | | 20 x 20cm | 328-6101 | £0.15 | |
| | | 20 x 40cm | 328-6119 | £0.28 | |
| | XuPad Sterile Pads | 10 x 12cm | 360-9401 | £0.15 | |
| | | 20 x 20cm | 329-1663 | £0.28 | |
| | | 20 x 40cm | 329-1689 | £0.40 | |
| | Kliniderm SuperAbsorbent Padding | 10 x 10cm | 394-7132 | £0.49 | |
| | | 10 x 15cm | 394-7124 | £0.69 | |
| | | 20 x 20cm | 394-7157 | £1.49 | |
| | Zetuvit Plus | 20 x 30cm | 394-7165 | £1.99 | |
| 10 x 10cm | | 356-7351 | £0.83 | | |
| Alginates | Kaltostat | 15 x 20cm | 356-7369 | £1.32 | |
| | | 5 x 5cm | 007-0789 | £0.98 | |
| | | 7.5 x 12cm | 022-7033 | £2.13 | |
| Antibacterial and Antimicrobial Only if there are localised clinical signs of infection Use for 2 weeks only and revise need | Iodosorb ointment | 10g | 036-6658 | £4.62 | <ul style="list-style-type: none"> Avoid iodine in those patients with thyroid disorders. Cadexomer iodine – Max single application 50g; Max weekly application 150g. Duration up to 3 months in any single course treatment. Honey is useful for application to deep/cavity wounds. Tulle dressings impregnated with honey are suitable for shallow wounds. Tulle dressings can be extended out to 5x15, 10x30. Algivon Plus is an alginate dressing impregnated with honey. Do not use for dry wounds. |
| | | 20g | 033-3906 | £9.25 | |
| | Iodoflex paste | 5g | 073-1547 | £4.19 | |
| | | 10g | 014-9617 | £8.37 | |
| | Activon Tube (Honey) | 25g | 319-3729 | £2.77 | |
| | Activon Tulle (Honey) | 5 x 5cm | 304-0631 | £2.25 | |
| | | 10 x 10cm | 304-0623 | £3.71 | |
| | Algivon Plus (Honey) | 5 x 5cm | 374-9496 | £2.45 | |
| 10 x 10cm | | 374-9512 | £4.20 | | |
| Barrier Cream/Skin Protection | Cavilon cream | 28g | 301-7480 | £3.28 | <ul style="list-style-type: none"> Use the appropriate formulation to suit the patient's skin. <p>Refer to GSTT moisture lesion pathway http://qti/resources/inpatient_services/tissueviability/pressure%20ulcer%20and%20moisture%20lesion/moisture%20lesion%20flow%20chart%20community%20version.pdf</p> |
| | | 92g | 277-1079 | £6.55 | |
| | Cavilon film spray | 28ml | 252-8966 | £5.79 | |
| | Cavilon film 1ml stick | 1ml (5's) | 252-8941 | £4.05 | |
| Compression bandaging | Actico – Inelastic | 8cm | 314-0886 | £3.31 | <ul style="list-style-type: none"> Confirm ABPI Doppler reading before applying compression therapy. Actico is a short stretch bandage suitable for patients with chronic oedema and lymphoedema. Took out Line. Application technique is more important in achieving healing. K-Two reduced kit is for where ABPI is <0.8 please discuss with TVN team first. <p>Refer to GSTT Leg Ulcer pathway http://qti/resources/inpatient_services/tissueviability/wound-management/leg-ulcer-management/leg-ulcer-care-pathway.pdf</p> |
| | | 10cm | 271-5431 | £3.43 | |
| | | 12cm | 314-0894 | £4.38 | |
| | Actico 2c kit (2 layer system) | 10cm (18-25cm) | 376-5203 | £8.14 | |
| | | 10cm (25-32cm) | 376-5211 | £9.16 | |
| | K-Two kit | 10cm (18-25cm) | 043-5891 | £8.09 | |
| | | 10cm (25-32cm) | 327-4685 | £8.84 | |
| | K-Two Reduced kit | 10cm (18-25cm) | 333-8480 | £8.09 | |
| | | 10cm (25-32cm) | 360-2869 | £8.84 | |
| | Profore – multi layer compression bandaging | | | | |
| Profore #1 | 3.5m | 246-1663 | £0.72 | <ul style="list-style-type: none"> Profore is available in kits for ankle circumference 18-25cm, 25-30cm and >30cm. | |
| Profore #2 | 4.5m | 258-5750 | £1.39 | | |
| Profore #3 | 8.7m | 258-5768 | £4.03 | | |
| Profore #4 | 2.5m | 246-1671 | £3.33 | | |

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WHICH Product?

| | Product | Size | PIP Codes | Cost <i>per dressing</i> | Prescribing Points |
|--|--|------------------|-----------|-----------------------------|---|
| Foams | Tegaderm Foam Adhesive | 10 x 11cm | 304-1589 | £2.39 | <ul style="list-style-type: none"> For light to moderately exuding wounds. Do not cover foams with occlusive dressings. Tegaderm may be preferred for wounds in awkward areas. Kliniderm Silicone for patients with frail and sensitive skin that are liable to tear. |
| | | 14.3 x 15.6cm | 304-1605 | £4.28 | |
| | Kliniderm Silicone with Border | 10 x 10cm | 394-7249 | £1.63 | |
| | | 12.5 x 12.5cm | 394-7256 | £2.33 | |
| | | 15 x 15cm | 394-7264 | £3.95 | |
| | Kliniderm silicone Non Adhesive | 15 x 20cm | 394-7280 | £5.00 | |
| | | 5 x 5cm | 394-7215 | £0.95 | |
| | Kliniderm Foam Silicone Lite | 10 x 10cm | 394-7223 | £1.95 | |
| | | 6 x 8.5cm | 399-4126 | £1.27 | |
| 10 x 10cm | | 399-4134 | £1.57 | | |
| Hydrocolloids | Granuflex | 15 x 15cm | 399-4142 | £3.70 | |
| | | 10 x 10cm | 004-6359 | £2.87 | |
| | Duoderm – <i>Extra thin</i> | 15 x 15cm | 004-6367 | £5.45 | |
| | | 7.5 x 7.5cm | 027-7798 | £0.82 | |
| 10 x 10cm | | 027-7897 | £1.36 | | |
| | | 15 x 15cm | 027-8036 | £2.93 | |
| Hydrocolloid-fibrous | KerraCel | 5 x 5cm | 402-0517 | £0.60 | <ul style="list-style-type: none"> For moderate to highly exuding wounds. Will require a secondary dressing. Ribbons for sinus/cavity wounds – do not pack too tightly. For larger area use AquaCel Extra sheets. |
| | | 10 x 10cm | 402-0525 | £1.44 | |
| | | 15 x 15cm | 402-0533 | £2.71 | |
| | KerraCel Ribbon | 2.5 x 45cm | 402-0541 | £1.91 | |
| Hydrogels | Intrasite gel – <i>with applicator</i> | 8g | 210-2929 | £1.85 | <ul style="list-style-type: none"> Hydrogels are NOT suitable for ischemic and diabetic feet, infected or heavily exuding wounds. If a hydrogel is needed prior to the application of larvae, use Purilon gel NOT Intrasite. Hydrogel sheets – for shallow wounds and where gels may be difficult to keep in place. |
| | | 15g | 004-2895 | £2.48 | |
| | Intrasite conformable - <i>sheet</i> | 10 x 10cm (7.5g) | 267-8043 | £1.85 | |
| | | 10 x 20cm (15g) | 267-8084 | £2.50 | |
| | Purilon – <i>alginate hydrogel</i> | 8g | 270-1753 | £1.79 | |
| | | 15g | 242-9801 | £2.33 | |
| Irrigating solutions | Tap Water | | | | <ul style="list-style-type: none"> Tap water is preferred to soak leg ulcers and irrigate clean wounds. Prontosan is a soak, pay attention to instructions for use. Prontosan to be used to remove biofilm layer on chronic wounds and only after discussion with the TVN. Review after 2 weeks. |
| | Irripod | 25 x 20ml | 313-7155 | £5.84 | |
| | Prontosan solution | 350ml | 324-8572 | £4.90 | |
| Low adherent dressings | N-A Ultra – <i>contact dressing</i> | 9.5 x 9.5cm | 230-4095 | £0.34 | <ul style="list-style-type: none"> N-A ultra is silicone coated dressing. For use as primary dressing under compression bandaging. Non-adherent polyester mesh wound contact layer. Suitable for fragile skin that is likely to tear easily. |
| | | 19 x 9.5cm | 259-0990 | £0.67 | |
| | Atrauman | 7.5 x 10cm | 369-7547 | £0.35 | |
| | | 20 x 30cm | 324-8697 | £2.20 | |
| Moisturisers and soap substitutes | Hydromol ointment | 500g | 294-1391 | £4.96 | <ul style="list-style-type: none"> For soaking leg ulcers. Dermol – To soak and wash infected legs for a limited time of 6 weeks, then revert to Hydromol emollient if needed. Refer to Joint Emollient Guideline http://www.lambethccg.nhs.uk/news-and-publications/meeting-papers/south-east-london-area-prescribing-committee/Documents/Clinical%20guidelines%20and%20pathways/1.%20SEL%20Emollient%20Guide%20Adults%20and%20children%20June%202018.pdf |
| | Hydromol Bath & Shower emollient | 500ml | 317-2780 | £4.46 | |
| | Dermol 500 lotion | 500ml | 232-2808 | | |
| | ZeroAQS cream | 500g | 362-6447 | £3.29 | |

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WHICH Product?

| | Product | Size | PIP Codes | Cost per dressing | Prescribing Points |
|---|---|--------------------|-----------|-------------------|--|
| Odour absorbing dressings | Clinisorb | 10 x 10cm | 018-2667 | £1.94 | <ul style="list-style-type: none"> Clinisorb can be cut to size. |
| | | 10 x 20cm | 018-2857 | £2.58 | |
| Paste bandages | Ictopaste | 7.5cm x 6m | 033-2668 | £3.78 | <ul style="list-style-type: none"> Patch test before use. Do not use for cavity wounds. |
| | Viscopaste | 7.5cm x 6m | 033-2734 | £3.74 | |
| Retention bandages | K-Band | 10cm x 4m | 034-4358 | £0.29 | <ul style="list-style-type: none"> For tubular bandages 5m and 3m lengths are less wasteful than 1m and can accommodate various limb sizes. Consider if blue (7.5cm) line size will suffice before prescribing a yellow (10cm) line bandage. In practice blue line is generally sufficient for medium sized limbs and yellow line for large oedematous limbs. 6m per month should be enough for most patients. |
| | Actifast or clinifast – Tubular | | | | |
| | Blue Line | 7.5cm x 3m | 327-6433 | £2.13 | |
| | | 7.5cm x 5m | 327-6441 | £3.74 | |
| | Yellow Line | 10.75cm x 3m | 327-6466 | £3.49 | |
| | | 10.75cm x 5m | 327-6474 | £6.04 | |
| Silver dressings <i>(Only if there are localised clinical signs of infection)</i> Use for 2 weeks only and review need. | Aquacel Ag+ Extra | 5 x 5cm | 386-2703 | £1.95 | <ul style="list-style-type: none"> Aquacel Ag ribbon for cavity wounds. Use silver dressings for a maximum of 2 weeks, then contact TVN if no improvement. Generally is expected that no more than 5 dressings will be needed for each wound. |
| | | 10 x 10cm | 386-2695 | £4.64 | |
| | Aquacel Ag+ Ribbon | 1cm x 45cm | 386-2729 | £3.10 | |
| | | 2cm x 45cm | 386-2737 | £4.74 | |
| | Atrauman Ag | 5 x 5cm | 321-4533 | £0.53 | |
| 10 x 10cm | | 321 4541 | £1.28 | | |
| Sterile dressing packs and gauze swabs | Nurse-It | S/M | 351-2407 | £0.55 | <ul style="list-style-type: none"> Contains apron, paper sterile field, gloves, swabs, forceps, paper towel, disposable bag and compartment tray. |
| | | M/L | 336-9170 | £0.55 | |
| | Sterile Gauze Swabs | 7.5cm (Pack of 5) | 325-3234 | £0.42 | |
| | Non Sterile Gauze Swabs | 10cm (Pack of 100) | 325-3236 | £1.48 | |
| Surgical adhesive tapes | Scanpor tape | 2.5cm x 10m | 013-6077 | £0.92 | <ul style="list-style-type: none"> Some patients are allergic to adhesive tapes. Hypafix is more suited for securing dressings, catheters and draining tubes in position where contact to the skin is needed. It is useful for sacral sores, joints or awkward body contours. Hypafix may be left in position for prolonged periods. |
| | | 5cm x 10m | 014-8155 | £1.76 | |
| | | 7.5cm x 10m | 281-3036 | £2.58 | |
| | Hypafix | 5cm x 10m | 035-2047 | £2.75 | |
| | | 10cm x 10m | 038-6326 | £4.80 | |
| | | | | | |
| Topical Negative Pressure | V.A.C. Granufoam Dressing Kit | Small | 346-8543 | £22.95 | <ul style="list-style-type: none"> Community nurses to use only if discussed with TVN or referred from hospital. Order 5 at a time for kits (box size). Reassess after 1 month. If more adhesive film is needed e.g. in case of leakage, use Tegaderm film dressing. |
| | | Medium | 346-8576 | £27.32 | |
| | NPWT Gauze Dressing Kit with Sensa Trac | | 377-9600 | £18.21 | |
| | ActiVAC Canister with Gel | 300ml | 346-7883 | £28.85 | |
| Vapour permeable dressings with absorbent pad | Tegaderm Transparent Film Dressing | 12 x 12cm | 242-8951 | £1.11 | <ul style="list-style-type: none"> Stretch opposite corners for easy removal. Can be left in place up to 7 days. For clean surgical wounds. |
| | | 15 x 20cm | 003-8703 | £2.41 | |
| | Hydrofilm Plus | 5 x 7.5cm | 342-4322 | £0.18 | |
| | | 9 x 15cm | 342-4348 | £0.31 | |
| | | 10 x 20cm | 342-4355 | £0.47 | |

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