

Community Wound Management Guide and Preferred Dressing List

Key Messages

- Start at appropriate level of management depending on **wound type, stage of healing and level of exudate**. Review the wound regularly and prescribe the most suitable dressing as required.
- It is expected that generally the TYPE of wound and SIZE will change over time; do not prescribe excessive quantities or issue as long term repeats to avoid wastage and facilitate prompt review of wound.
- The size on the PDL are a guide and list the most commonly used dressing and sizes, Staff should use their clinical judgment to decide when other sizes or dressing products are needed.
- To prevent excessive quantities being prescribed, it is recommended that a “**dose**” is written for each dressing e.g. Granuflex 10x10cm change every 5-7 days x10
- Dressings on FP10 prescriptions should be prescribed for individual patients and not to be used as stock items.

* Note that Silver and Honey dressings are not recommended for routine use in chronic venous leg ulcers (SIGN guideline 120. 2010). Also the BNF (77) and NICE Key Therapeutic Topic 14 (KTT14) 2015 do not recommend the routine use of silver for uncomplicated ulcers and acute wounds. **Consult Tissue Viability Nurses (TVNs)**

WHICH Dressing?			
Wound Type	Aim	Recommended dressing	Recommended dressing
		No or low exudate	Moderate to high exudate
Epithelialising wound	To protect area and encourage healing	<ul style="list-style-type: none"> • Low adherent dressings • Vapour-permeable film • Hydrocolloid 	<ul style="list-style-type: none"> • Foam Non Adhesive
Granulating wound	To promote healing by encouraging granulation.	<ul style="list-style-type: none"> • Hydrocolloid • Foam adhesive 	<ul style="list-style-type: none"> • Hydrofiber • Foam adhesive
Sloughy wounds	To remove sloughy tissue by autolysis and provide a clean base for granulation tissue.	NO INFECTION PRESENT <ul style="list-style-type: none"> • Hydrogel • Hydrocolloid Not on diabetic/or Ischaemic feet	<ul style="list-style-type: none"> • Honey • Cadexomer – Iodine • Hydrocolloid-fibrous
Necrotic wounds	To remove necrotic tissue by rehydration.	<ul style="list-style-type: none"> • Hydrogel • Hydrocolloid 	<ul style="list-style-type: none"> • Cadexomer – Iodine • Hydrocolloid-fibrous
Infected wounds (only if there are clinical signs of infection)	To treat infection and promote wound healing.	<ul style="list-style-type: none"> • Honey* • Cadexomer – Iodine products 	<ul style="list-style-type: none"> • Honey* • Cadexomer – Iodine products • Silver Dressing* (Do not use if on antibiotics. Max 2 weeks)
Malodorous and Fungating wounds	To de-odorise wound and manage infection if present.	<ul style="list-style-type: none"> • Low adherent dressings • Metronidazole gel ** • Odour absorbent dressings • Honey products 	<ul style="list-style-type: none"> • Metronidazole gel** • Odour absorbent dressings • Honey products • Hydrocolloid-fibrous • Alginate (Kaltostat for bleeding wound only) **Metronidazole gel is not in community nurses formulary.
Leg Ulcers Please refer to Leg Ulcer Pathway	Treat wound type and stage of healing.	VENOUS LEG ULCER (confirmed by Doppler reading) <ul style="list-style-type: none"> • Compression bandaging • Compression hosiery ARTERIAL LEG ULCER <ul style="list-style-type: none"> • Treat according to individual need 	

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WHICH Product?					
	Product	Size	PIP Codes	Cost per dressing	Prescribing Points
Absorbent or Surgical Pads	Zetuvit E Non Sterile Pads	10 x 10cm	328-6085	£0.07	<ul style="list-style-type: none"> Non-sterile pads should be used in most cases. Do not use Zetuvit and Xupad under compression bandaging. Kliniderm should only be used in highly exuding wounds. Kliniderm is thin, so suitable for use under compression bandaging.
		20 x 20cm	328-6101	£0.15	
		20 x 40cm	328-6119	£0.28	
	XuPad Sterile Pads	10 x 12cm	360-9401	£0.15	
		20 x 20cm	329-1663	£0.28	
		20 x 40cm	329-1689	£0.40	
	Kliniderm SuperAbsorbent Padding	10 x 10cm	394-7132	£0.49	
		10 x 15cm	394-7124	£0.69	
		20 x 20cm	394-7157	£1.49	
	Zetuvit Plus	10 x 10cm	356-7351	£0.83	
15 x 20cm		356-7369	£1.32		
Alginates	Kaltostat	5 x 5cm	007-0789	£0.98	<ul style="list-style-type: none"> Kaltostat is haemostatic and useful for bleeding wounds. Remove when bleeding stops. Can be used to pack cavities rather than using KeraCel.
		7.5 x 12cm	022-7033	£2.13	
		10 x 20cm	022-7058	£4.19	
Antibacterial and Antimicrobial	Iodosorb ointment	10g	036-6658	£4.62	<ul style="list-style-type: none"> Avoid iodine in those patients with thyroid disorders. Cadexomer iodine – Max single application 50g; Max weekly application 150g. Duration up to 3 months in any single course treatment. Honey is useful for application to deep/cavity wounds. Tulle dressings impregnated with honey are suitable for shallow wounds. Tulle dressings can be extended out to 5x15, 10x30. Algivon Plus is an alginate dressing impregnated with honey. Do not use for dry wounds.
		20g	033-3906	£9.25	
	Iodoflex paste	5g	073-1547	£4.19	
		10g	014-9617	£8.37	
	Activon Tube (Honey)	25g	319-3729	£2.77	
	Activon Tulle (Honey)	5 x 5cm	304-0631	£2.25	
		10 x 10cm	304-0623	£3.71	
	Algivon Plus (Honey)	5 x 5cm	374-9496	£2.45	
10 x 10cm		374-9512	£4.20		
Barrier Cream/Skin Protection	Cavilon cream	28g	301-7480	£3.28	<ul style="list-style-type: none"> Use the appropriate formulation to suit the patient's skin. <p>Refer to GSTT moisture lesion pathway http://qti/resources/inpatient_services/tissueviability/pressure%20ulcer%20and%20moisture%20lesion/moisture%20lesion%20flow%20chart%20community%20version.pdf</p>
		92g	277-1079	£6.55	
	Cavilon film spray	28ml	252-8966	£5.79	
	Cavilon film 1ml stick	1ml (5's)	252-8941	£4.05	
Compression bandaging	Actico – Inelastic	8cm	314-0886	£3.31	<ul style="list-style-type: none"> Confirm ABPI Doppler reading before applying compression therapy. Actico is a short stretch bandage suitable for patients with chronic oedema and lymphoedema. Took out Line. Application technique is more important in achieving healing. K-Two reduced kit is for where ABPI is <0.8 please discuss with TVN team first. <p>Refer to GSTT Leg Ulcer pathway http://qti/resources/inpatient_services/tissueviability/wound-management/leg-ulcer-management/leg-ulcer-care-pathway.pdf</p>
		10cm	271-5431	£3.43	
		12cm	314-0894	£4.38	
	Actico 2c kit (2 layer system)	10cm (18-25cm)	376-5203	£8.14	
		10cm (25-32cm)	376-5211	£9.16	
	K-Two kit	10cm (18-25cm)	043-5891	£8.09	
		10cm (25-32cm)	327-4685	£8.84	
	K-Two Reduced kit	10cm (18-25cm)	333-8480	£8.09	
		10cm (25-32cm)	360-2869	£8.84	
	Profore – multi layer compression bandaging				
Profore #1	3.5m	246-1663	£0.72	<ul style="list-style-type: none"> Profore is available in kits for ankle circumference 18-25cm, 25-30cm and >30cm. 	
Profore #2	4.5m	258-5750	£1.39		
Profore #3	8.7m	258-5768	£4.03		
Profore #4	2.5m	246-1671	£3.33		

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WHICH Product?

	Product	Size	PIP Codes	Cost <i>per dressing</i>	Prescribing Points
Foams	Tegaderm Foam Adhesive	10 x 11cm	304-1589	£2.39	<ul style="list-style-type: none"> For light to moderately exuding wounds. Do not cover foams with occlusive dressings. Tegaderm may be preferred for wounds in awkward areas. Kliniderm Silicone for patients with frail and sensitive skin that are liable to tear.
		14.3 x 15.6cm	304-1605	£4.28	
	Kliniderm Silicone with Border	10 x 10cm	394-7249	£1.63	
		12.5 x 12.5cm	394-7256	£2.33	
		15 x 15cm	394-7264	£3.95	
	Kliniderm silicone Non Adhesive	15 x 20cm	394-7280	£5.00	
		5 x 5cm	394-7215	£0.95	
	Kliniderm Foam Silicone Lite	10 x 10cm	394-7223	£1.95	
		6 x 8.5cm	399-4126	£1.27	
10 x 10cm		399-4134	£1.57		
Hydrocolloids	Granuflex	15 x 15cm	399-4142	£3.70	
		10 x 10cm	004-6359	£2.87	
	Duoderm – <i>Extra thin</i>	15 x 15cm	004-6367	£5.45	
		7.5 x 7.5cm	027-7798	£0.82	
10 x 10cm		027-7897	£1.36		
	15 x 15cm	027-8036	£2.93		
Hydrocolloid-fibrous	KerraCel	5 x 5cm	402-0517	£0.60	<ul style="list-style-type: none"> For moderate to highly exuding wounds. Will require a secondary dressing. Ribbons for sinus/cavity wounds – do not pack too tightly. For larger area use AquaCel Extra sheets.
		10 x 10cm	402-0525	£1.44	
		15 x 15cm	402-0533	£2.71	
	KerraCel Ribbon	2.5 x 45cm	402-0541	£1.91	
Hydrogels	Intrasite gel – <i>with applicator</i>	8g	210-2929	£1.85	<ul style="list-style-type: none"> Hydrogels are NOT suitable for ischemic and diabetic feet, infected or heavily exuding wounds. If a hydrogel is needed prior to the application of larvae, use Purilon gel NOT Intrasite. Hydrogel sheets – for shallow wounds and where gels may be difficult to keep in place.
		15g	004-2895	£2.48	
	Intrasite conformable - <i>sheet</i>	10 x 10cm (7.5g)	267-8043	£1.85	
		10 x 20cm (15g)	267-8084	£2.50	
	Purilon – <i>alginate hydrogel</i>	8g	270-1753	£1.79	
		15g	242-9801	£2.33	
Irrigating solutions	Tap Water				<ul style="list-style-type: none"> Tap water is preferred to soak leg ulcers and irrigate clean wounds. Prontosan is a soak, pay attention to instructions for use. Prontosan to be used to remove biofilm layer on chronic wounds and only after discussion with the TVN. Review after 2 weeks.
	Irripod	25 x 20ml	313-7155	£5.84	
	Prontosan solution	350ml	324-8572	£4.90	
Low adherent dressings	N-A Ultra – <i>contact dressing</i>	9.5 x 9.5cm	230-4095	£0.34	<ul style="list-style-type: none"> N-A ultra is silicone coated dressing. For use as primary dressing under compression bandaging. Non-adherent polyester mesh wound contact layer. Suitable for fragile skin that is likely to tear easily.
		19 x 9.5cm	259-0990	£0.67	
	Atrauman	7.5 x 10cm	369-7547	£0.35	
		20 x 30cm	324-8697	£2.20	
Moisturisers and soap substitutes	Hydromol ointment	500g	294-1391	£4.96	<ul style="list-style-type: none"> For soaking leg ulcers. Dermol – To soak and wash infected legs for a limited time of 6 weeks, then revert to Hydromol emollient if needed. Refer to Joint Emollient Guideline (link to be added here)
	Hydromol Bath & Shower emollient	500ml	317-2780	£4.46	
	Dermol 500 lotion	500ml	232-2808		
	ZeroAQS cream	500g	362-6447	£3.29	

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Odour absorbing dressings	Clinisorb	10 x 10cm	018-2667	£1.94	<ul style="list-style-type: none"> Clinisorb can be cut to size.
		10 x 20cm	018-2857	£2.58	
Paste bandages	Ictopaste	7.5cm x 6m	033-2668	£3.78	<ul style="list-style-type: none"> Patch test before use. Do not use for cavity wounds.
	Viscopaste	7.5cm x 6m	033-2734	£3.74	
Retention bandages	K-Band	10cm x 4m	034-4358	£0.29	<ul style="list-style-type: none"> For tubular bandages 5m and 3m lengths are less wasteful than 1m and can accommodate various limb sizes. Consider if blue (7.5cm) line size will suffice before prescribing a yellow (10cm) line bandage. In practice blue line is generally sufficient for medium sized limbs and yellow line for large oedematous limbs. 6m per month should be enough for most patients.
	Actifast or clinifast – Tubular				
	Blue Line	7.5cm x 3m	327-6433	£2.13	
		7.5cm x 5m	327-6441	£3.74	
	Yellow Line	10.75cm x 3m	327-6466	£3.49	
		10.75cm x 5m	327-6474	£6.04	
Silver dressings <i>(Only if there are localised clinical signs of infection)</i> Use for 2 weeks only and review need.	Aquacel Ag+ Extra	5 x 5cm	386-2703	£1.95	<ul style="list-style-type: none"> Aquacel Ag ribbon for cavity wounds. Use silver dressings for a maximum of 2 weeks, then contact TVN if no improvement. Generally is expected that no more than 5 dressings will be needed for each wound.
		10 x 10cm	386-2695	£4.64	
	Aquacel Ag+ Ribbon	1cm x 45cm	386-2729	£3.10	
		2cm x 45cm	386-2737	£4.74	
	Atrauman Ag	5 x 5cm	321-4533	£0.53	
10 x 10cm		321 4541	£1.28		
Sterile dressing packs and gauze swabs	Nurse-It	S/M	351-2407	£0.55	<ul style="list-style-type: none"> Contains apron, paper sterile field, gloves, swabs, forceps, paper towel, disposable bag and compartment tray.
		M/L	336-9170	£0.55	
	Sterile Gauze Swabs	7.5cm (Pack of 5)	325-3234	£0.42	
	Non Sterile Gauze Swabs	10cm (Pack of 100)	325-3236	£1.48	
Surgical adhesive tapes	Scanpor tape	2.5cm x 10m	013-6077	£0.92	<ul style="list-style-type: none"> Some patients are allergic to adhesive tapes. Hypafix is more suited for securing dressings, catheters and draining tubes in position where contact to the skin is needed. It is useful for sacral sores, joints or awkward body contours. Hypafix may be left in position for prolonged periods.
		5cm x 10m	014-8155	£1.76	
		7.5cm x 10m	281-3036	£2.58	
	Hypafix	5cm x 10m	035-2047	£2.75	
		10cm x 10m	038-6326	£4.80	
Topical Negative Pressure	V.A.C. Granufoam Dressing Kit	Small	346-8543	£22.95	<ul style="list-style-type: none"> Community nurses to use only if discussed with TVN or referred from hospital. Order 5 at a time for kits (box size). Reassess after 1 month. If more adhesive film is needed e.g. in case of leakage, use Tegaderm film dressing.
		Medium	346-8576	£27.32	
	NPWT Gauze Dressing Kit with Sensa Trac		377-9600	£18.21	
	ActiVAC Canister with Gel	300ml	346-7883	£28.85	
Vapour permeable dressings with absorbent pad	Tegaderm Transparent Film Dressing	12 x 12cm	242-8951	£1.11	<ul style="list-style-type: none"> Stretch opposite corners for easy removal. Can be left in place up to 7 days. For clean surgical wounds.
		15 x 20cm	003-8703	£2.41	
	Hydrofilm Plus	5 x 7.5cm	342-4322	£0.18	
		9 x 15cm	342-4348	£0.31	
		10 x 20cm	342-4355	£0.47	

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