

# Greenwich Clinical Matters

## MEDICINES MANAGEMENT

### [Rapid access to frailty or falls clinic at Queen Elizabeth Hospital](#)

The Rapid Access Frailty clinics run 5 days a week Monday to Friday 9-5pm in the Ambulatory Care Unit at Queen Elizabeth Hospital, Woolwich. The aim is for patients who need rapid FRAILTY OR FALLS assessment are assessed at the frailty clinic within 3 working days or sooner in order to provide a one stop frailty assessment. The clinic is Geriatrician Led with an MDT including Nursing, Therapy and Frailty Advanced Clinical Practitioners. The clinic offers comprehensive frailty assessment with access to interventions available in Ambulatory Care, and will refer into Community Services as needed.

**Action:** GPs can refer via contacting the Geriatric BAT phone [07824524063](tel:07824524063) for advice and can be booked into for clinic appointment or email referral to email address. The BAT phone is covered **8am-8pm 7 days a week**. Written referrals/letters can be emailed to [lg.ge-frailtyclinics@nhs.net](mailto:lg.ge-frailtyclinics@nhs.net). This email address will be regularly reviewed throughout the day and triaged by Geriatrician to review if referral needs rapid assessment in the frailty clinic.

### [Interim South East London \(SEL\) Glucagon like peptide-1 \(GLP-1\) analogues for glycaemic control in Type 2 Diabetes Mellitus \(T2DM\) – information sheet](#)

The interim [information sheet](#) is for use during the current COVID-19 pandemic and temporarily replaces the need for specialist teams to complete a GLP-1 analogue transfer of prescribing form.

**Action:** Ensure patients started on GLP – 1 analogues will have been given the following advice by the initiating team:

- The benefits and risks of GLP-1 analogue therapy and the patient will have consented to use
- The side effects of therapy and actions to be taken if these occur
- Specific education and training in administration, storage and disposal of GLP-1 analogue therapy and associated sharps
- The dose they need to administer
- Blood glucose monitoring requirements
- Contact details for initiating team
- For those with existing diabetic retinopathy, the patient is aware/has been informed of the risks of diabetic retinopathy complications, the symptoms of worsening retinopathy and action to be taken if occur
- For female patients of child-bearing age, the risks of falling pregnant whilst on this treatment and recommended appropriate contraceptive measures are taken
- Monitoring – blood and reviewing effectiveness

## MEDICINES MANAGEMENT

### [Local Enhanced Service \(LES\): DOAC initiation in primary care for Atrial Fibrillation \(AF\)](#)

The DOAC initiation LES commissioned from 2019-2021 has enabled primary care to initiate DOACs for patients diagnosed with Atrial Fibrillation in accordance with South East London guidance.

Results from QOF (Greenwich) show that so far:

- ✓ There has been an increase of 155 patients who have been anticoagulated for AF in Greenwich from 18-19 to 19-20.
- ✓ Of that 45.8% (n=71) have been anticoagulated in primary care under the Greenwich LES agreement for DOAC initiation
- ✓ A further 92 patients have been anticoagulated for AF with a DOAC in 2020-21.

QOF indicator AF007 - % patients with CHAD2S2-Vasc score 2 or more who are currently treated with anticoagulation therapy has increased from 84% (17-18) to 88% (18-19) and 90% (19-20) which is significant and brings Greenwich closer to the national average compared to before the project started.

**Action:** Data from the AHSN Network shows that there are still 1092 people in South East London who remain with AF and at risk of stroke and in need of anticoagulation. As a result, the DOAC LES in Greenwich has been extended for another 6months, please continue to send your quarterly returns to Ashika Patel: [ashikapatel@nhs.net](mailto:ashikapatel@nhs.net).

### [Updated Patient Group Directions \(PGDs\):](#)

#### **Anticoagulation:**

- [Supply and Administration of Oral Vitamin K \(Phytomenadione\) for Reversal of Anticoagulation to Patients seen in all Trust Anticoagulant Clinics](#)
- [Supply and Administration of Enoxaparin for Sub-therapeutic INR and Peri-Operative Bridging for Patients seen in all Trust Anticoagulation Clinics](#)

#### **Immunisation:**

- [Hepatitis B vaccine](#)
- [Hepatitis B vaccine Renal](#)

**Action:** Please use the approved PGDs above from Lewisham and Greenwich NHS Trust and Public Health England respectively.

### [Learning disability \(LD\) and autism support for primary care](#)

Thomas Lee has recently joined SEL CCG as the LD and Autism Specialist Prescribing Advisor. He can offer clinical advice and support on complex LDA patients including referral facilitation and transfer of care.

**Action:** Refer to the attached poster for further support. Also attached is an upcoming training session on Annual Health Checks for LD and Autism as part of GP contract.

## MEDICINES MANAGEMENT

### [Reclassification of Allevia \(Fexofenadine\) 120mg tablets from Prescription Only Medicine \(POM\) to General Sales List \(GSL\).](#)

- ✓ Indication: Relief of symptoms associated with seasonal allergic rhinitis (hay fever) in adults and children aged 12 years and over.

### [Reclassification of Almerg \(Fexofenadine\) 180mg tablets from POM to a pharmacy only \(P\) medicine](#)

- ✓ Indication: Relief of symptoms associated with chronic idiopathic urticaria in adults and children aged 12 and over.

**Action:** Please continue to advise patients of OTC scheme where clinically appropriate.

### [Out of stock update \(See Medicine supply notification \[MSN\] attachments for further information\)](#)

- **Supply issue** with Diamorphine 5mg and 10mg powder for reconstitution and injection ampoules anticipated until w/c 19/4/2021. Please see suggestions for permanent actions set out in the [Supply Disruption Alert](#) issued 25<sup>th</sup> March 2020.
- **Supply issue** with Estradot<sup>®</sup> (estradiol hemihydrate) 75micrograms/24 hours patches until w/c 31<sup>st</sup> May 2021. Evorel<sup>®</sup> 75 patches and Estraderm MX 75<sup>®</sup> patches remain available and can support an increase in demand (each patch contains 75micrograms of estradiol).
- **Discontinuation of Elleste Solo MX<sup>®</sup> 40 & 80** transdermal patches. Remaining supplies are expected to be depleted by October 2021 and July 2021.
- **Vaccine supply notification:** Supplies of Pneumovax 23<sup>®</sup> pre-filled syringes are very limited and are expected to be out of stock from the end of April until mid-May 2021, due to increased demand. Public Health England's (PHE) [clinical prioritisation guideline](#) helps support practitioners during this time. This includes immediate actions to take now and in the event of no vaccine being available.

### [SEL Integrated Medicines Optimisation Committee \(IMOC\)](#)

The following IMOC decisions / outputs have been ratified through SEL IMOC and SEL Medicines Optimisation sub-Committee Chair's action and can be accessed via the links below.

#### NEW:

- [Guidance on the use of rivaroxaban in people with coronary or peripheral artery disease \(CAD PAD\)](#)
- [Formulary inclusion of Lenzetto<sup>™</sup> \(estradiol\) transdermal spray for the management of postmenopausal symptoms in women](#)
- [Inclusion of liquid formulation of oxcarbazepine and granules \(sachet\) formulation of vigabatrin to the ADULT SEL Joint Medicines formulary.](#) Oxcarbazepine suspension and vigabatrin granules are restricted for use in adults with swallowing difficulties or with a PEG tube.
- [Inclusion of liquid formulation of zonisamide for use in PAEDIATRICS](#)

#### UPDATED:

- [Shared care guideline \(SCG\) for long-acting \(depot\) paliperidone injection](#)

## MEDICINES MANAGEMENT

### [SEL Integrated Medicines Optimisation Committee \(IMOC\)- continued](#)

#### UPDATED:

- [Shared care guideline for long-acting \(depot\) aripiprazole injection](#)
- [Specialist drug treatment pathway for rheumatoid arthritis](#)
- [Position statement for Sativex spray \(moderate to severe spasticity associated with multiple sclerosis\)](#)
- [Treatment guideline for chronic constipation](#)
- [Change in RAGG category for rifaximin in adults with hepatic encephalopathy](#)

### [SLAM Monthly learning Bulletins](#)

South West London & St George's Mental Health NHS Trust have shared their news bulletins from January and February 2021 respectively to share learning from incidents. Learning from January focuses on the detrimental effects of hoarding medication and subsequent recommendations for prescribers. February bulletin focuses on the importance of communication with families particularly for the vulnerable population.

**Action:** Please find attached learning from the 2 bulletins for your information. Please share with your teams as appropriate.

## SYSTEM DEVELOPMENT

### [Co-ordinate My Care \(CMC\) Primary Care Incentive Scheme - EXTENSION](#)

Since July 2019 Greenwich Borough has offered a CMC incentive scheme with £50 payment for each record created. **This has now been extended until the end of June 2021.** CMC is a digital urgent care plan which is designed to record the patient's personal preferences and wishes on how they would like to be cared for, alongside key clinical information. The plan is online and viewable 24/7 by all the health and social care professionals involved in a patient's care, and out of hours services including OOHGPs, NHS 111 and the London Ambulance Service. Patients can start their own records at [MyCMC](#).

#### Action:

Clinicians may create a CMC record for any patient at risk of an emergency admission or a call to an out of hours or urgent care service. This includes patients nearing the end of life, or with a long term condition, or a mental health issue.

Review records made every 3m, 6m or 12m, when clinically appropriate or changes made

For further information visit [www.coordinatemycare.co.uk](http://www.coordinatemycare.co.uk) or ring the CMC helpline on 0207 811 8513

- For CMC training please [click here](#).
- For details on Greenwich Incentive Scheme contact Alex Pini: [a.pini@nhs.net](mailto:a.pini@nhs.net)

### Contact Details

**Meds Management:** [greccg.pharmacy@nhs.net](mailto:greccg.pharmacy@nhs.net) (020 3049 9000)

**Primary Care:** Jan Matthews: [jan.matthews@nhs.net](mailto:jan.matthews@nhs.net)

**System Development:** Alex Pini: [a.pini@nhs.net](mailto:a.pini@nhs.net)