



**SEND UPDATE FOR HEALTH  
WORKING TOWARDS “OUTCOME-  
FOCUSSED” EHCPS**

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# SEND CODE OF PRACTICE 2014

Based on Children and Families Act 2014

Came into force September 2014

## Main changes:

- Education, Health and Care Plans (EHCPs) replace Statements of Special Educational Needs
- Support runs from 0-25 years of age
- Focus on *Preparation for Adulthood*
- EHCPs focussed on *outcomes* rather than *service provision*
- Shortened timeframe of 20 weeks from request for needs assessment to delivery of Plan
- Joint commissioning of services between Health and LA
- Focus on co-production with CYP/family

# SEND PROCESS:

Request for needs assessment (by parent or education)

LA decision on whether to proceed (within 6 weeks)

Reports requested from professionals (weeks 6-16)

EHCP Panel review and decide if EHCP warranted (within 16 weeks from request)

Drafting of EHCP (weeks 16-20)

# EHCP OUTLINE

## Sections:

- A – All About Me
- B – Summary of Educational Needs
- C – **Summary of Health needs**
- D – Summary of Care Needs
- E – **Outcomes**
- F – **Education Provision**
- G – **Health Provision**
- H – Social Care Provision
- I – agreement of school/setting/funding
- J – Personal Budget
- K – reports on which plan is based
- L – people involved in monitoring/reviewing plan

# NEEDS, OUTCOMES, AND PROVISION SPLIT INTO:

*Cognition and Learning*

*Communication and Interaction*

*Social, emotional, and mental health*

*Sensory/physical*

Dedicated health information proforma has been designed with these sections so that EHCP writers can easily match the child's needs, outcomes, and provisions from several reports together

# EHCPS - PERSON-CENTRED APPROACH

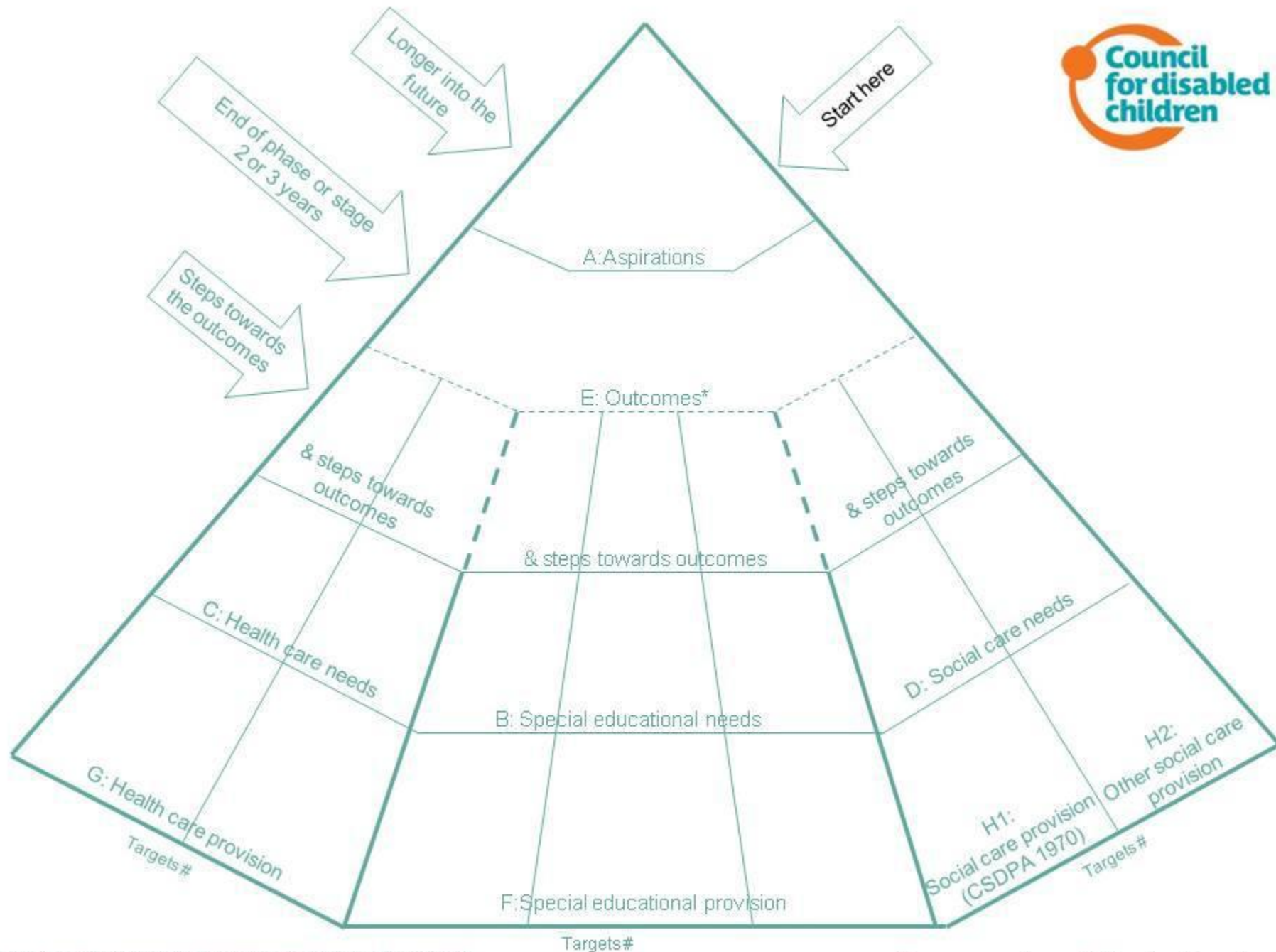
Based on:

- **Aspirations** of CYP/family (hope or ambition of achieving something; not necessarily realistic)
- **Outcomes** (the benefit or difference to individual as result of an intervention– medium term)
- **Targets** (short-term goals to achieving eventual outcome)
- **Relevant to person** (CYP owns it and can understand it)

# EHCPS - PERSON-CENTRED APPROACH

***In order to do that need to look at:***

- ***Needs*** (the barriers preventing CYP doing something)
- ***Provisions*** (what can be provided/supplied, incl educational placement)



# EHC plan should specify the arrangements for setting shorter term targets at school, service or institutional level.

\* For young people over 17, the education and training outcomes need to be separately identified.



# MAKING IT PERSON-CENTRED:

Listen to child's point of view

Plan *with* them, instead of solely *for* them

Enable them to communicate aspirations and desired outcomes, and support in working towards those

Use those things important *to* the child, as well as important *for* the child

Look at what child currently *can* do, and build on this

# WORKING TOWARDS “OUTCOMES”:

Start with CYP/family’s ASPIRATIONS

Hone down to realistic OUTCOMES

- E.g. where the CYP wants to be/what CYP wants to be able to do in a few years time
- Based on SMART (specific, measureable, achievable, realistic, timely) or SCRUFFY (student-led, creative, relevant, unspecified, fun-for-youngsters)

Think about what they want to be able to do, and then the steps needed to get there



# IN GENERAL, AIMING TOWARDS:

Employment or higher education

Future health and wellbeing

Independent living

Community participation

Social relationships

Emotional resilience and stability



# EXAMPLE:

***Aspiration:*** to have lots of friends

***Outcomes:*** to have learned social skills to be able to interact with peers; to have learned to manage emotional responses and aggressive behaviour

***What is needed to get there:*** through opportunity for, and support in, social interactions in a variety of settings; specific recommendations given by CAMHS

# SPECIFIC HEALTH-RELATED OUTCOMES TO CONSIDER:

***Physical health*** – “best possible health in relation to...”

***Weight*** management

Healthy ***sleep*** patterns

***Safety*** – physical and social risks/ vulnerabilities

***Relationships*** – social skills, behaviour, impulse/anger management

Social ***participation***

***Emotional wellbeing / self-esteem***

# “NEED TO KNOW” INFO:

SEND Code of Practice 2015 covers ALL 0 – 25 year olds with additional needs

Children with EHCPs form small percentage

Main focus should be on how Local Area (health, education, social care) WORKS TOGETHER to support needs of these children and families

Local Offer website has all info on services and processes – SHOULD BE DIRECTING ALL FAMILIES OF CYP WITH NEEDS TO THESE SITES  
([www.localoffer.southwark.gov.uk](http://www.localoffer.southwark.gov.uk))

# “NEED TO KNOW” INFO:

## SEND CoP 2015:

- Remit extends from 0 – 25 years of age
- EHCPs replace Statements of Special Educational Needs
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- Development of Local Offer website

# “NEED TO KNOW” INFO:

Inspection is joint CQC and OFSTED

Inspection will be announced one Monday and commence following Monday

Inspection will involve demonstrating how services:

- Identify needs of our population
- Meet the needs of CYP with identified need AND AT A UNIVERSAL LEVEL
- Involve and engage relevant stakeholders
- Measure impact

Use of Quality Review and Challenge framework



# MORE INFORMATION:

Local Offer website (all LAs must have):

- [www.localoffer.southwark.gov.uk](http://www.localoffer.southwark.gov.uk)

Southwark Information, Advice, and Support service (SIAS):

- Formerly Parent-Partnership
- Run drop-ins at Sunshine House

Family Lives:

- Support families through process; run drop-ins at Sunshine House