

# NHSL Violence Reduction (VR) Programme Health Education England Training

Wednesday 16<sup>th</sup> September 2020

NHS England and NHS Improvement





"VIOLENCE IS A DISEASE—YOU  
DON'T CURE IT BY SPREADING  
IT TO MORE PEOPLE"

# Violence reduction and taking a public health approach

## What do we mean by 'violence reduction'?

Working to reduce interpersonal violence, serious youth violence, and the impact on individuals and communities.

## Taking a public health approach to violence reduction:

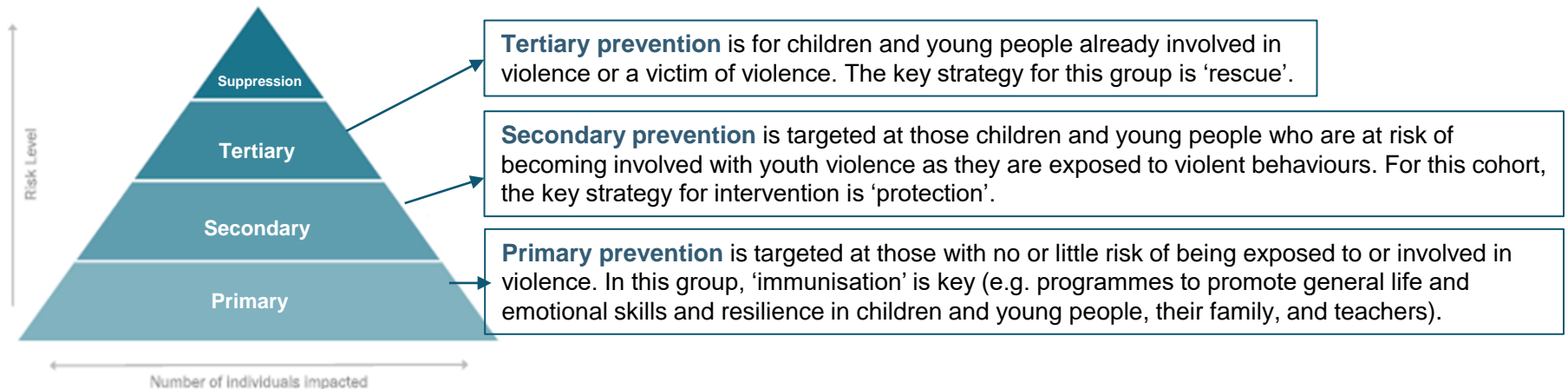
Pioneering approaches in U.S. cities, (e.g. in Chicago, Baltimore, Detroit, etc.), and in the UK (Glasgow and the Scottish model).

A public health approach, as defined by the WHO, will:

- *Define the characteristics of the problem*
- *Identify the risk and protective factors*
- *Identify, develop and test tailored interventions*
- *Assure widespread implementation*

Across the approach there is a crucial emphasis on prevention.

## Example: different levels of preventing serious youth violence:



## The role of health and the NHS:

- Presentation in health settings and opportunities to intervene
- NHS's commitment to reduce health inequalities
- The NHSL VR programme is distinct from Mayor's VRU and will demonstrate leadership in this space

# NHS London Violence Reduction Programme overview

**Senior Responsible Officer:** Mark Turner, Director of Commissioning, NHS London

**Clinical Director:** Martin Griffiths, Trauma Surgeon, Royal London

**Programme Lead:** Sinead Dervin, Head of Health and Justice, NHS London

**Mission statement of the NHS London Violence Reduction Programme:** To lead the way in shaping how the NHS can support violence reduction in order to have better wellbeing in our communities at a population and individual level

## Governance established

NHS London Violence Reduction Steering Group

User Network

Clinical and Professional Network

## Workstreams in development

In-hospital VR models

Training and Education

Social Prescribing

MH 1: Psychological support in communities

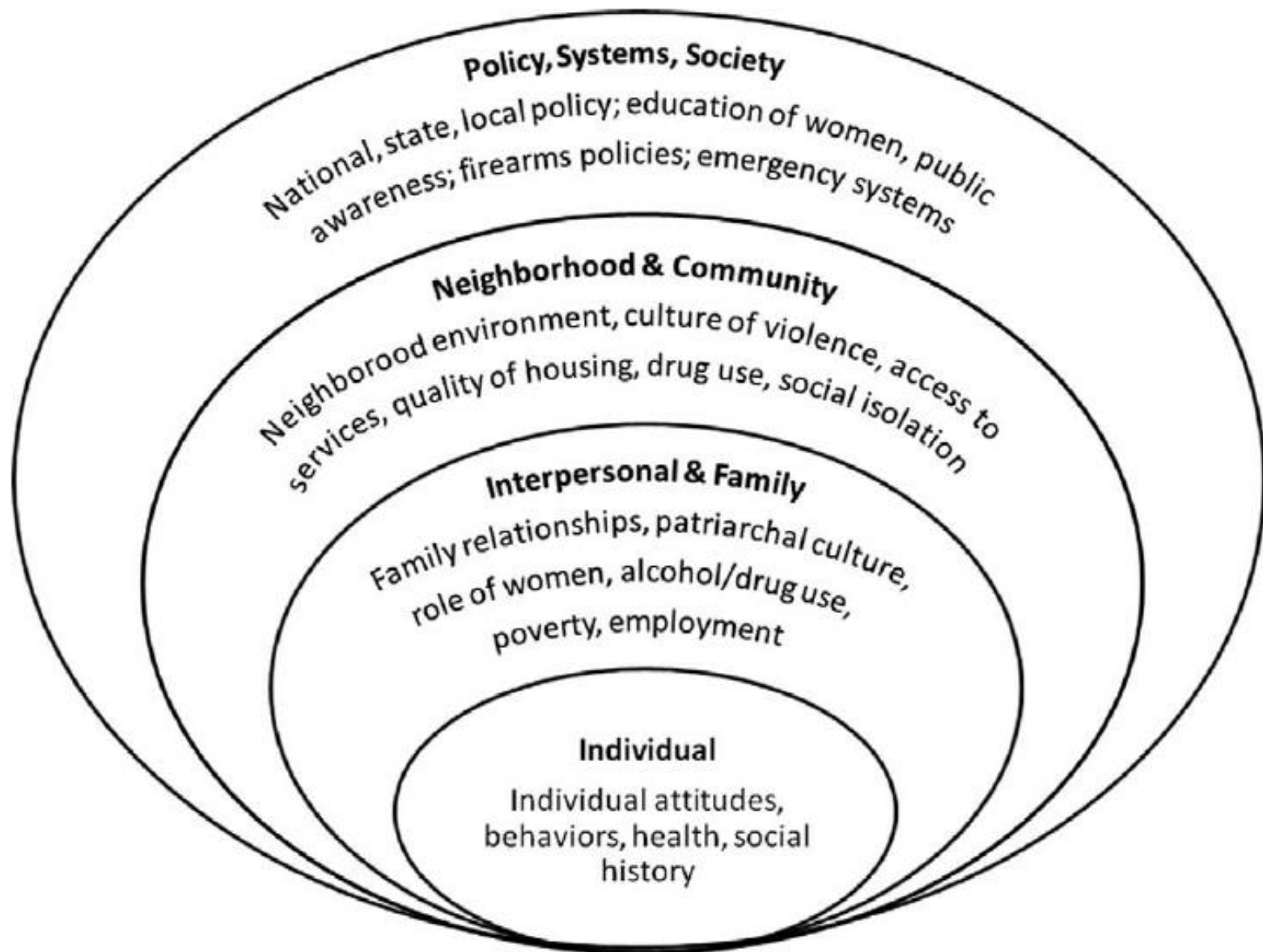
MH 2: Psych integration with Major Trauma Centres

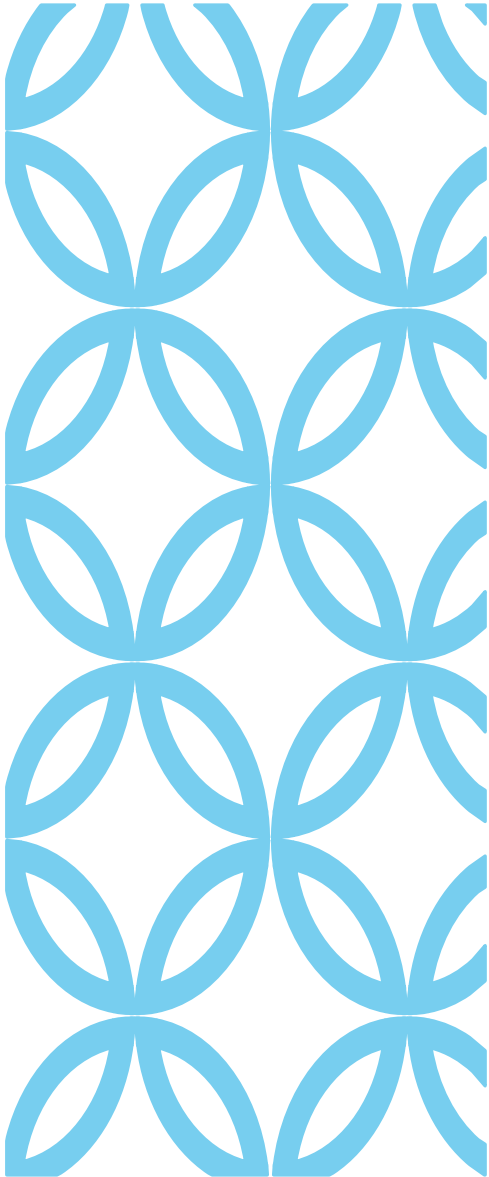
System data and intelligence

Building a virtual Violence Reduction Academy

- sharing learning research
- collaboration
- evidence-based models

Communications and Engagement





Every Healthcare Professional in London

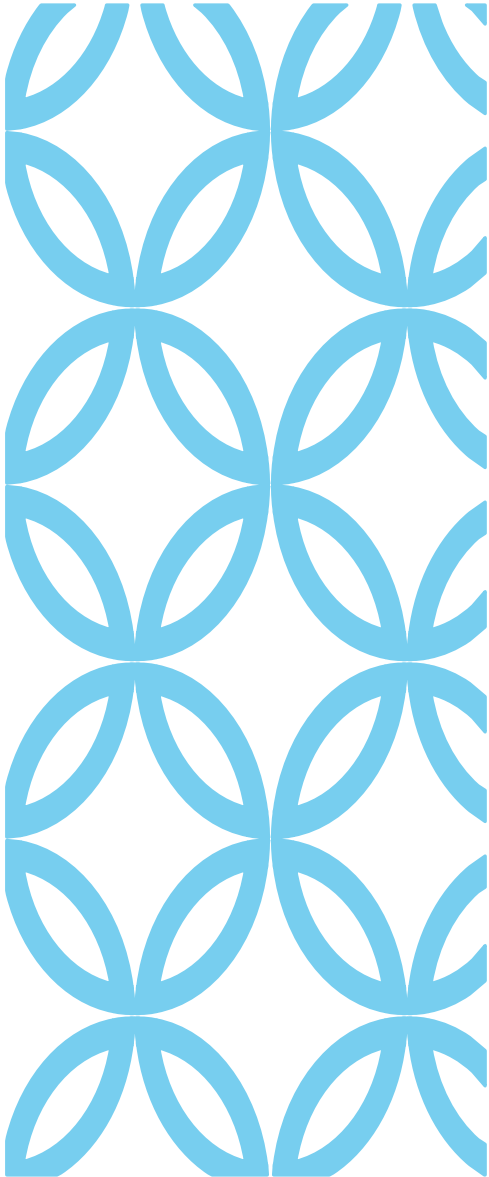
Trauma informed approach

Biopsychosocial Assessment

Early identification and Support

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# TRAINING AND EDUCATION



HEE- e-LFH

AOMRC

Bank of modules, simulations, theatre, case studies, e-learning and assessments

ACEs

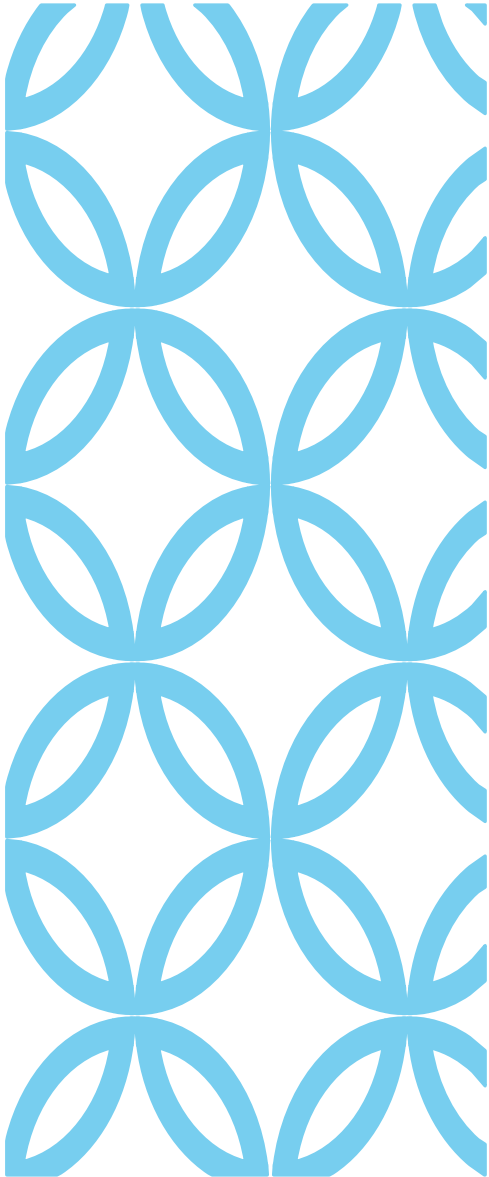
HEADSSSS

Empathetic approach

Understanding of physiology of chronic stress

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## TRAINING & EDUCATION HOW?



H-

Home

E-

Eating

E-

Employment

A-

Activities

D-

Drugs/alcohol

S-

Sexuality

S-

Social Media

S-

Safety

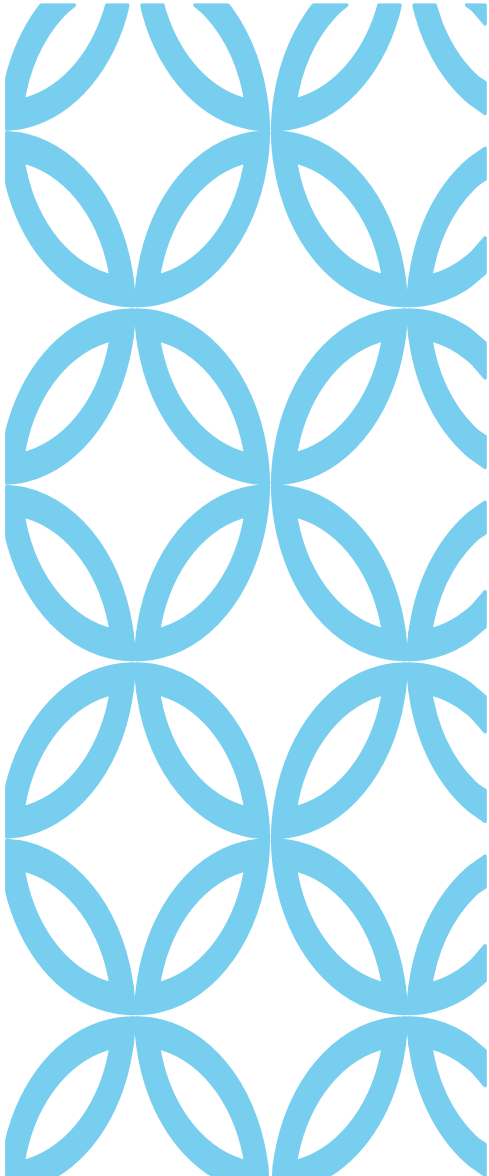
S-

Suicidality

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**HEAADSSSS**





Who lives at home with you?

What are relationships like at home?

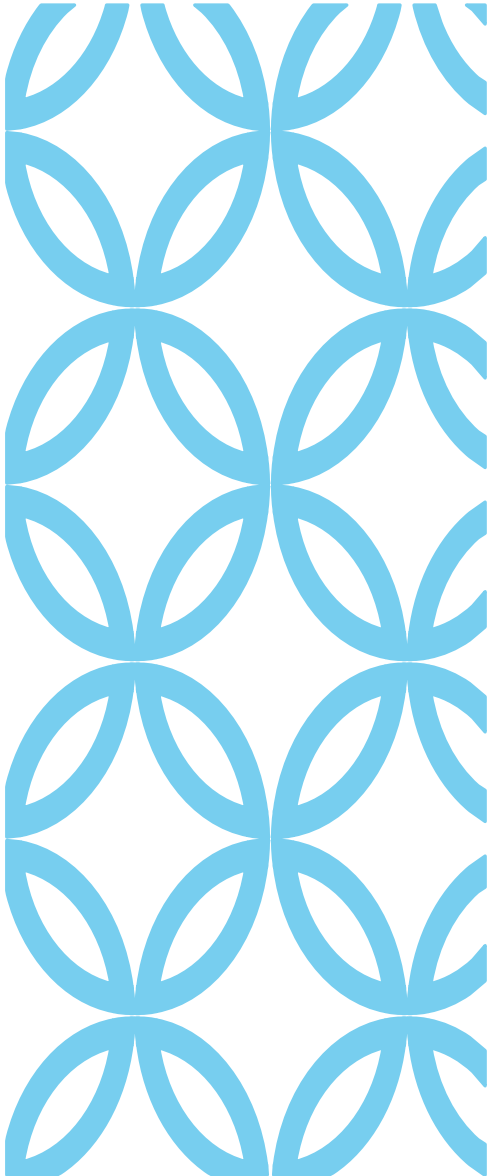
Do you share time between different homes?

Can you talk to anyone at home about stress?

Do you feel safe at home?

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**H**



What do you like best and least about school?

How much school did you miss this year?

What do you want to do when you finish school?

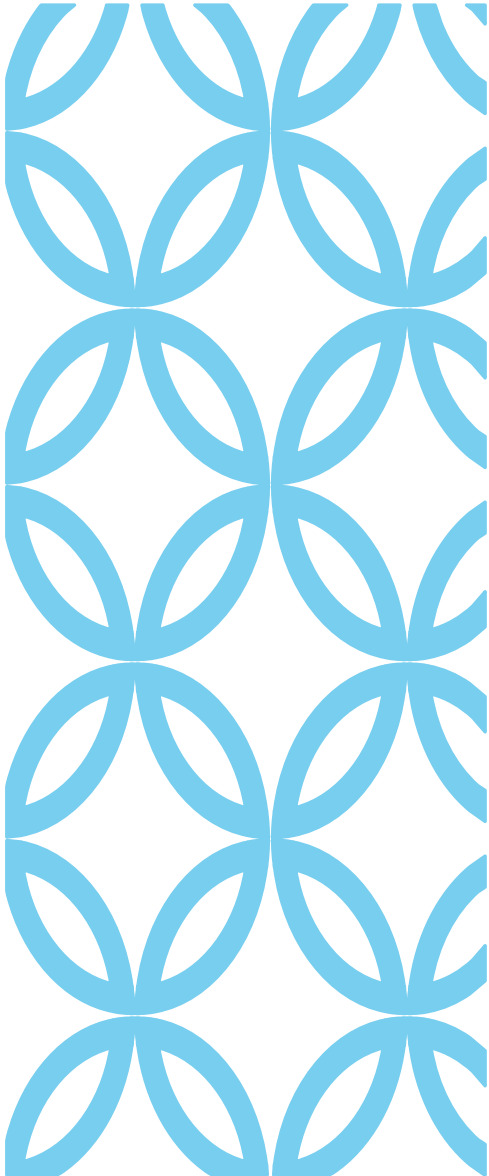
Have you ever been excluded from school/in a pupil referral unit?

Do you work? How do you get along with teachers/employers?

Who do you feel like you could talk to?

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**E**



Does your shape or body weight cause you any stress?

Do you ever make yourself sick because you feel uncomfortably full?

Do you worry that you have lost control over how you eat?

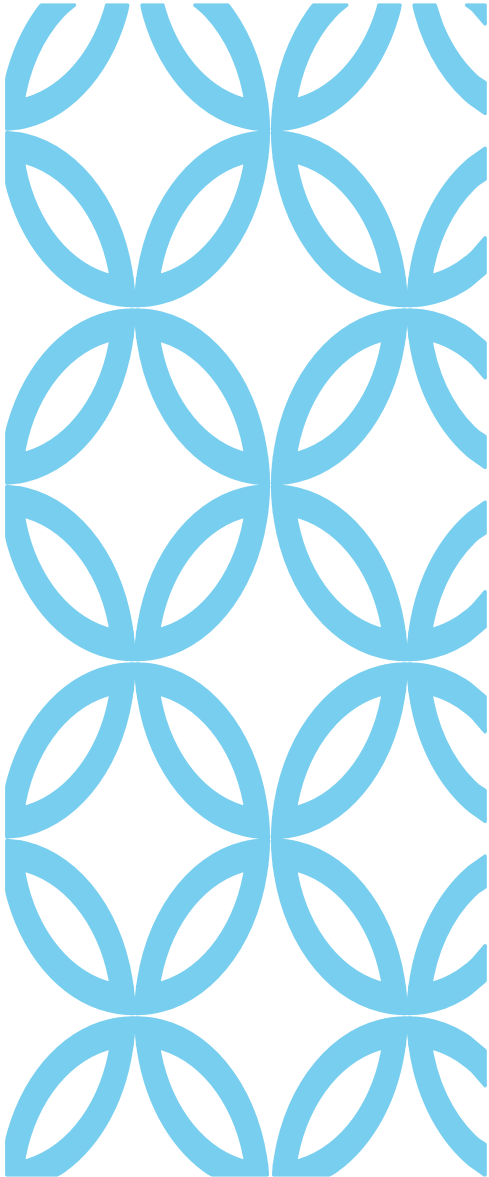
Have you recently lost more than one stone in a three month period?

Do you believe yourself to be too fat when others say you are too thin?

Do you feel that food dominates your life?

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**E**



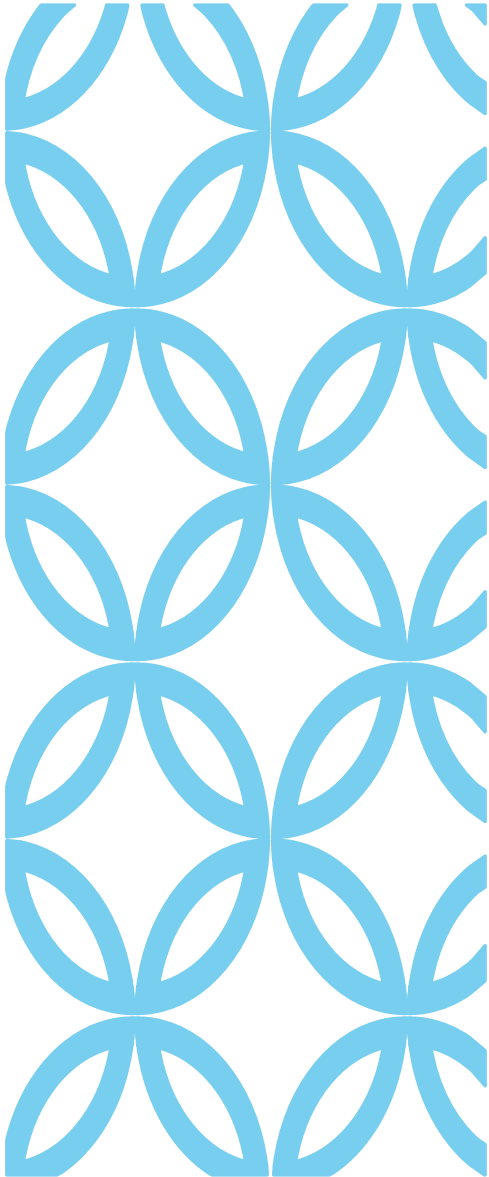
What do you do for fun?

Are most of your friends from school or somewhere else?

Have you ever been in trouble with the police?

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**A**



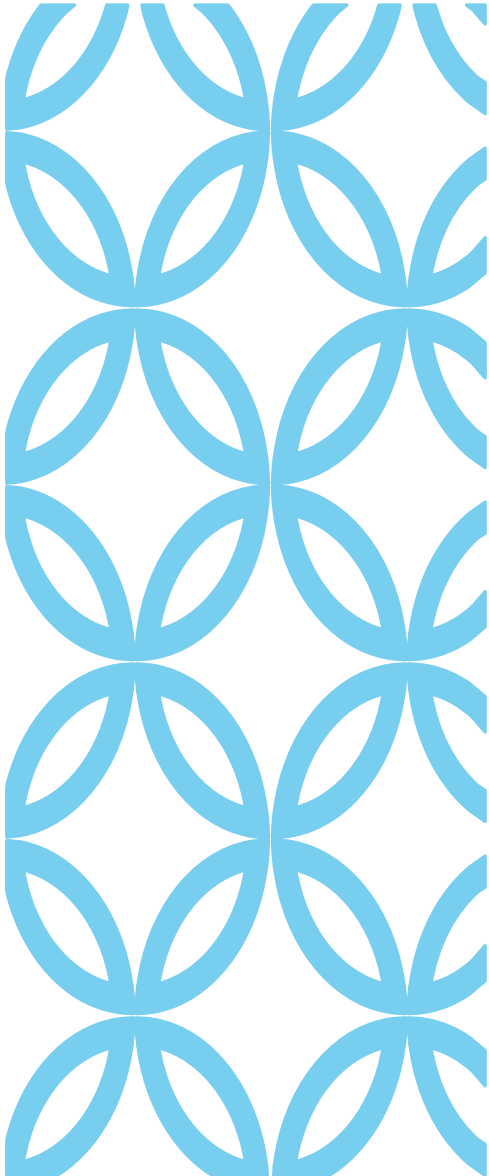
Do you smoke/ drink alcohol or use any drugs

Do any of your friends smoke/drink alcohol/use drugs? Your family?

How do you pay for your cigarettes/alcohol/drugs?

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**D**



Do you ever feel very depressed?

Do you have difficulty sleeping ?

Do you ever think about hurting yourself?

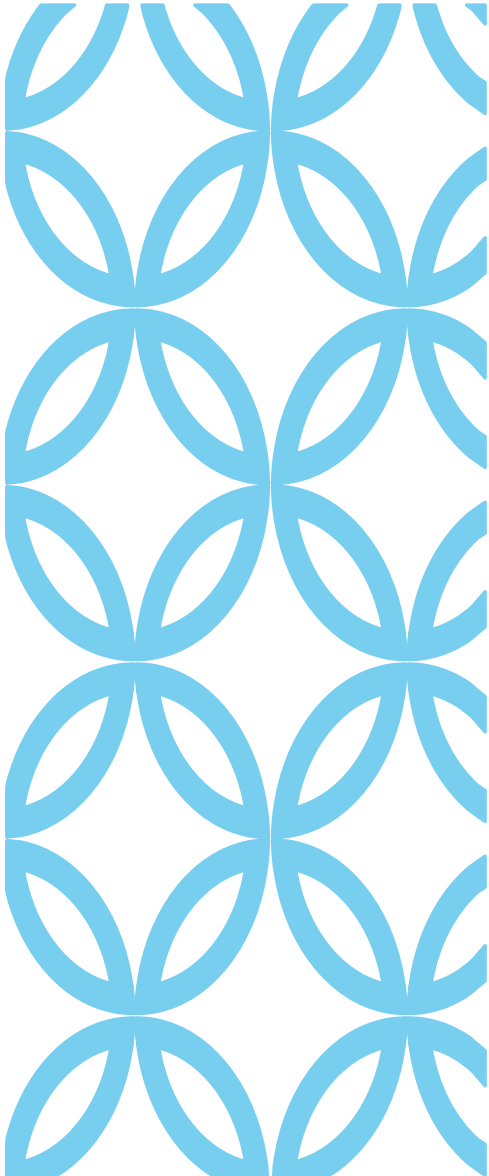
Do you see any mental health professionals?

Do you feel anxious?

Has any member of your family been very ill or died during the pandemic?

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**S**



Are you being bullied at school? Or online?

Do you feel safe in your local area? Have you witnessed violence?

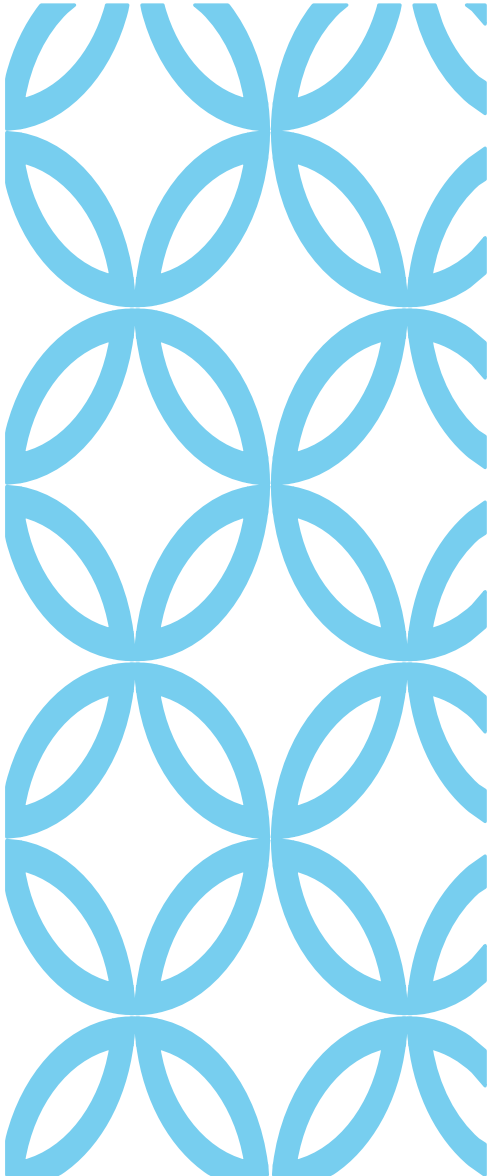
Have you ever been a victim of crime?

Have you ever been in trouble with the police or been in court?

Have you been forced to do something you did not want to do?

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**S**



Do you utilise social media?

Which platforms?

Have you ever received unwanted comments or attention?

How did these make you feel?

Have you ever been the victim of cyber-bullying?

Have you ever suffered as a result of sexting or unwanted pictures?

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**S**



# NHS London Violence Reduction (VR) Programme

Email: [england.violencereduction@nhs.net](mailto:england.violencereduction@nhs.net)

Find the VR Academy on FutureNHS at:  
<https://future.nhs.uk/connect.ti/ViolenceRA/grouphome>

NHS England and NHS Improvement

